

102- Life and Cross Diagrams

I. Sharing the Life and Cross Diagrams

A. Diagram # 1 -- A Biblical Picture of Man

1. Explain 3 Parts of man and their functions
2. Explain 3 functions of the soul
3. True identity is found in the _____
4. Transition: _____

B. Diagram # 2 -- Pre-salvation person

1. Two basic problems
2. Formation of Flesh
3. Transition: _____

C. Diagram # 3 -- Saved person

1. Two aspects of salvation:
2. God's purpose of salvation
3. Explore personal experience
4. Transition: _____

D. Diagram # 4 -- Negative programmed flesh

1. Review the _____ experienced (write on sheet)
2. Explore _____ and _____
3. Explore _____
4. Result is _____
5. Transition: _____

E. Diagram # 5 -- Positive programmed flesh

1. Review the rejections experienced
2. Explore feelings and false beliefs
3. Explore coping mechanisms
4. Result is conflict & frustration
5. Transition: _____

F. Diagram # 6 -- The Exchanged Life

1. Explain Flesh vs. _____
2. Explain the affects of _____ on mind and body
3. Show the results of Christ living His life through us
4. Provide transition

G. Diagram # 7 – Eternal Life is Christ’s Life

1. Verify meaning of _____ with scriptures
2. Review _____ of Christ’s life
3. Review cross experience
4. Transition – _____

H. Diagram # 8 – In Adam

1. Teach how we were all “in” _____
2. Explain the results of being in Adam
3. Whatever happened to Adam, happened to us.
4. Whatever he became, we became
5. What was true of him was true of us
6. Transition: _____

I. Diagram # 9 – In Christ

1. Show how God took us out of Adam and placed us into _____
2. Use scripture to teach our new position in Christ:

II. Review

A. Two aspects of salvation

1. I am _____
2. I am a _____

B. The Exchanged Life

1. Is not a _____ teaching
2. Is not sinless perfection
3. Is not a life of passivity
4. Is not a self-help teaching
5. Is not an improved _____
6. Is not an undisciplined life
7. Is not a second work of grace
8. Is not a _____ technique
9. Is not instant change of behavior
10. Is not overlooking or approving sinful behavior
11. Is not a disobedient life

C. Results

1. On my Identity
 - a. Resolved issues of _____
 - b. Knowing the old person is _____
 - c. Resting in newness of _____

2. On my Behavior
 - a. Resolved issues of _____
 - b. Knowing I am a _____
 - c. Walking in newness of Life

Bibliography

Association of Exchanged Life Ministries. *The Grace Life Conference*. CrossLife:Aurora
1993-2000

Association of Exchanged Life Ministries. *The Grace Life Workshop*. CrossLife:Aurora
1993-2000

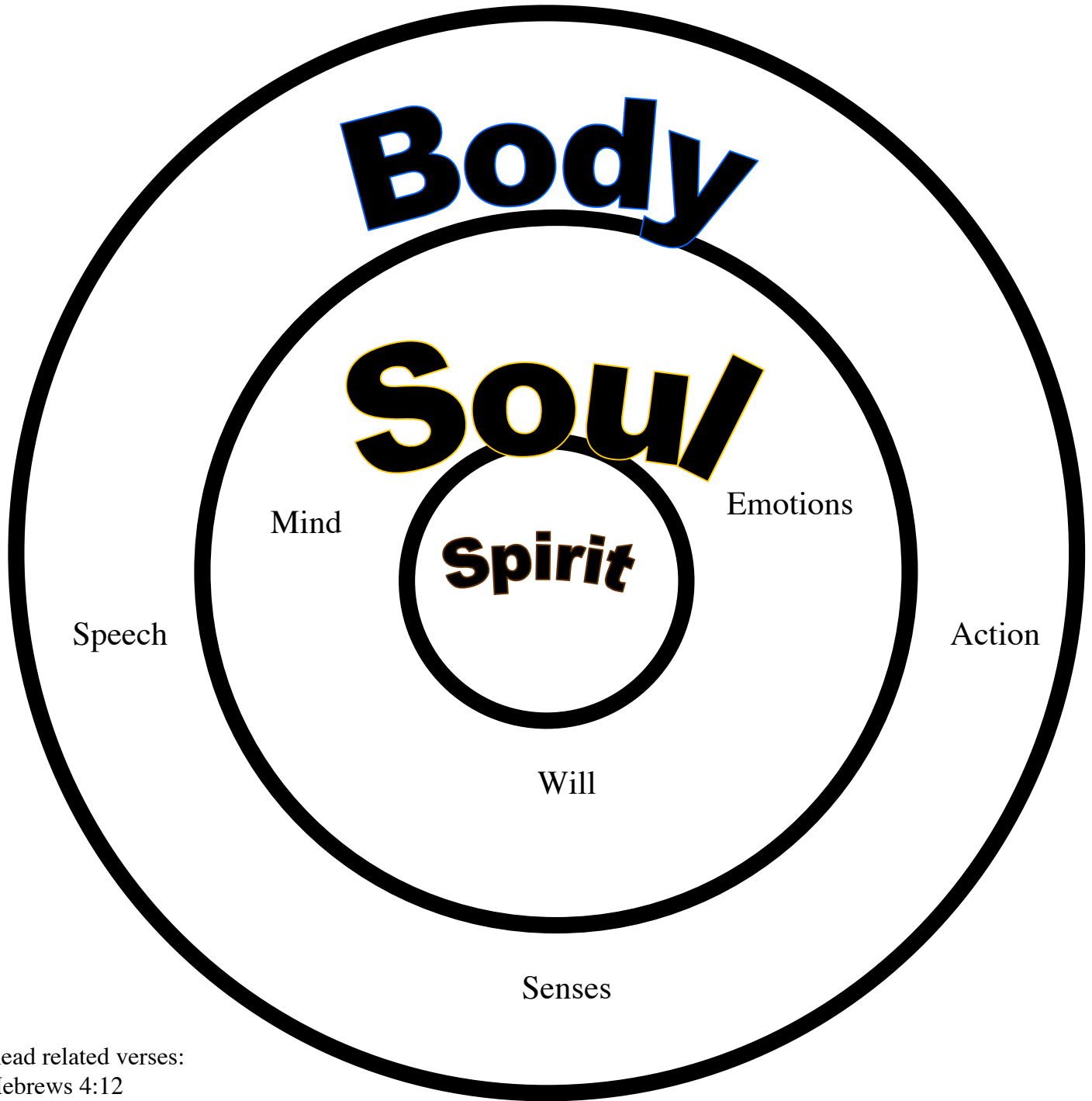
The Exchange

What we give up	Reference	What we get in return
Our sin	II Cor. 5:21	Christ's Righteousness
Wrath of God	Rom. 5:1	Peace with God
Condemnation (Hell)	Eph. 2:6,19	Father's House (Heaven)
Death	Gal. 2:20	Life
The Old Man	II Cor. 5:17	The New Man
Law	Rom. 7:4-6	Grace
Our weakness	II Cor. 12:9-10	His Strength
Our Impurity	Heb. 10:21-22	His purity
External morality	Eph. 1:4	Holiness of God
Self strength	Is. 40:31	God's Power
Hopelessness	I Cor. 1:30	Redemption
Tribulation	Eph. 2:14	Peace
Defeat	I Cor. 15:57	Victory
Sorrow	John 15:11	Joy
Despair	Col. 1:27	Hope
Emptiness	Col. 2:9-10	Fullness
Evil	Gal. 5:22	Goodness
Loneliness	I John 4:16	Love
Insensitivity	Gal. 5:22	Kindness
Bitterness	Col. 2:13	Forgiveness
Busyness	Heb. 4:10	Rest
Lack of Discipline	Gal. 5:23	Self-Control
Bondage	John 8:36	Freedom
Darkness	Col. 1:13	Light
Lies	John 8:32	Truth
Poverty	Col. 2:2	Wealth
Insecurity	Eph. 1:6	Total acceptance
Carnal mind	I Cor. 1:6	Spiritual mind
Harshness	Gal. 5:23	Gentleness

A Three Part Whole

1 Thessalonians 5:23

...may your spirit and soul and body be preserved complete...



Read related verses:

Hebrews 4:12

1 Corinthians 6:17

Romans 8:16

John 4:24

Genesis 2:7



Diagram #1

1. Explain 3 parts of man and their function:

Spirit - Spirit is where God intends to dwell and through which we relate primarily to God.

1 Corinthians 6:17 – “But the one who joins himself to the Lord is one spirit with Him.”

Romans 8:16 – “The Spirit Himself bears witness with our spirit that we are children of God.”

Soul - Our personality is the psychological part of us through which we relate primarily to people.

Body - The body relates primarily to this physical world and houses our soul and spirit.

2. Explain the 3 functions of the soul:

Mind – Seat of reason, logic and memory (thinker)

Emotions – Feeler

Will - Chooser

3. Explain true identity is in Spirit:

The world view – man is a physical being that has a soul and spirit.

God’s view – man is a spirit that has a soul and lives in a body.

John 4:24 – “God is a spirit, and those who worship Him must worship Him in spirit and in truth.”

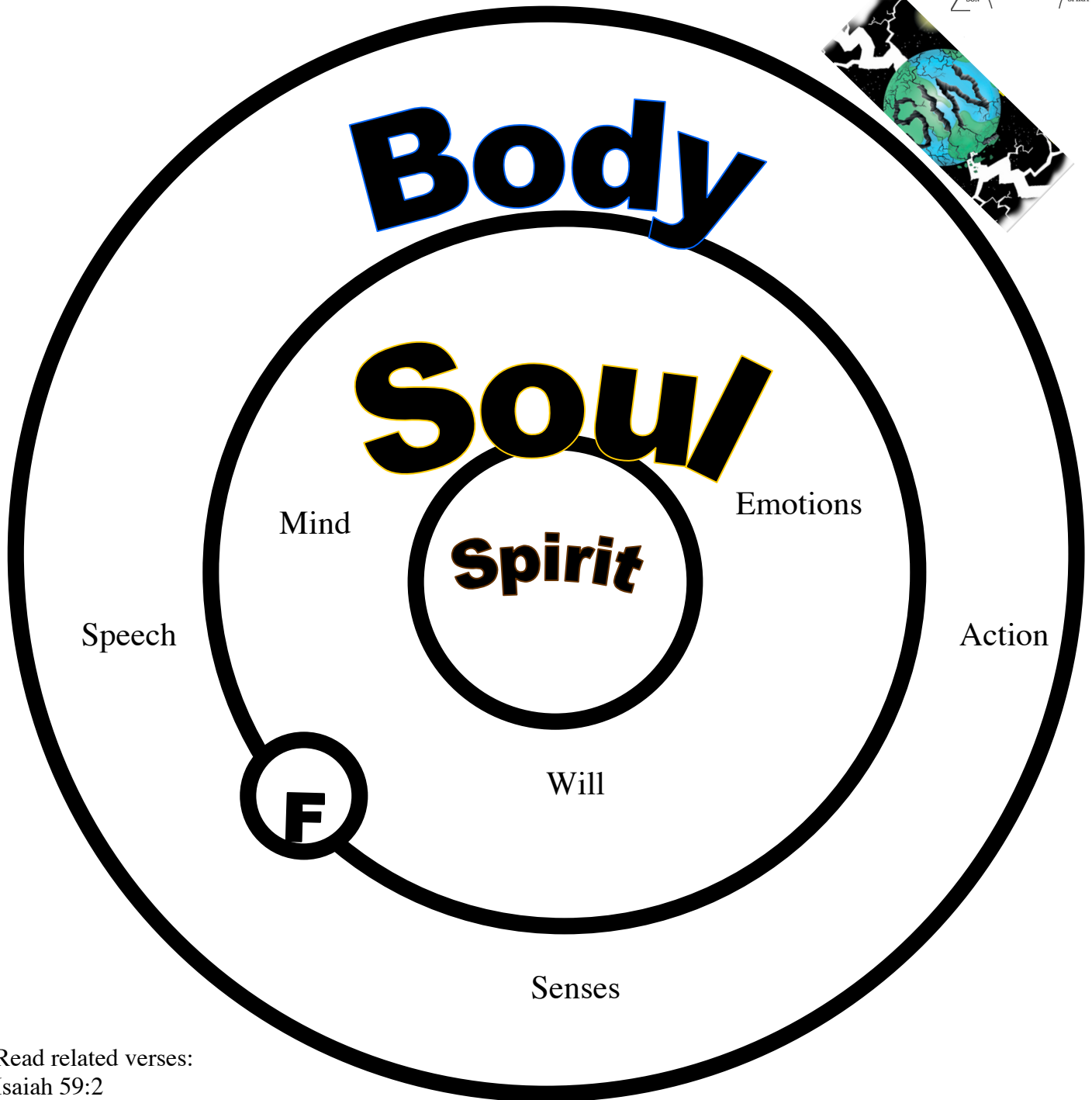
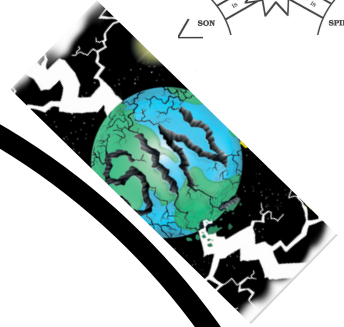
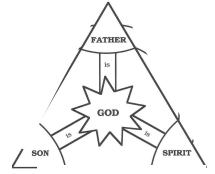
Genesis 2:7 – “Then the Lord God formed man from the dust of the ground and breathed into his nostrils the breath of life; and man became a living being.”

Transition: We are all born with a spiritual problem.

Pre-believer

Ephesians 2:1

And you were dead in your trespasses and sins



Read related verses:
Isaiah 59:2
Ephesians 2:1-3

Diagram #2

1. Explain the problem in our relationship with God:

- Our sins have separated us from God.

Isaiah 59:2

“But your iniquities have made a separation between you and your God, And your sins have hidden His face from you, so that He does not hear.”

- We at birth are spiritually dead to God, without life, and sinners by nature.

Ephesians 2:1-3

“And you were dead in your trespasses and sins, in which you formerly walked according to the course of this world, according to the prince of the power of the air, of the spirit that is now working in the sons of disobedience. Among them we too all formerly lived in the lusts of our flesh, indulging the desires of the flesh and of the mind, and were by nature children of wrath, even as the rest.”

2. Explain the **F** flesh in the diagram:

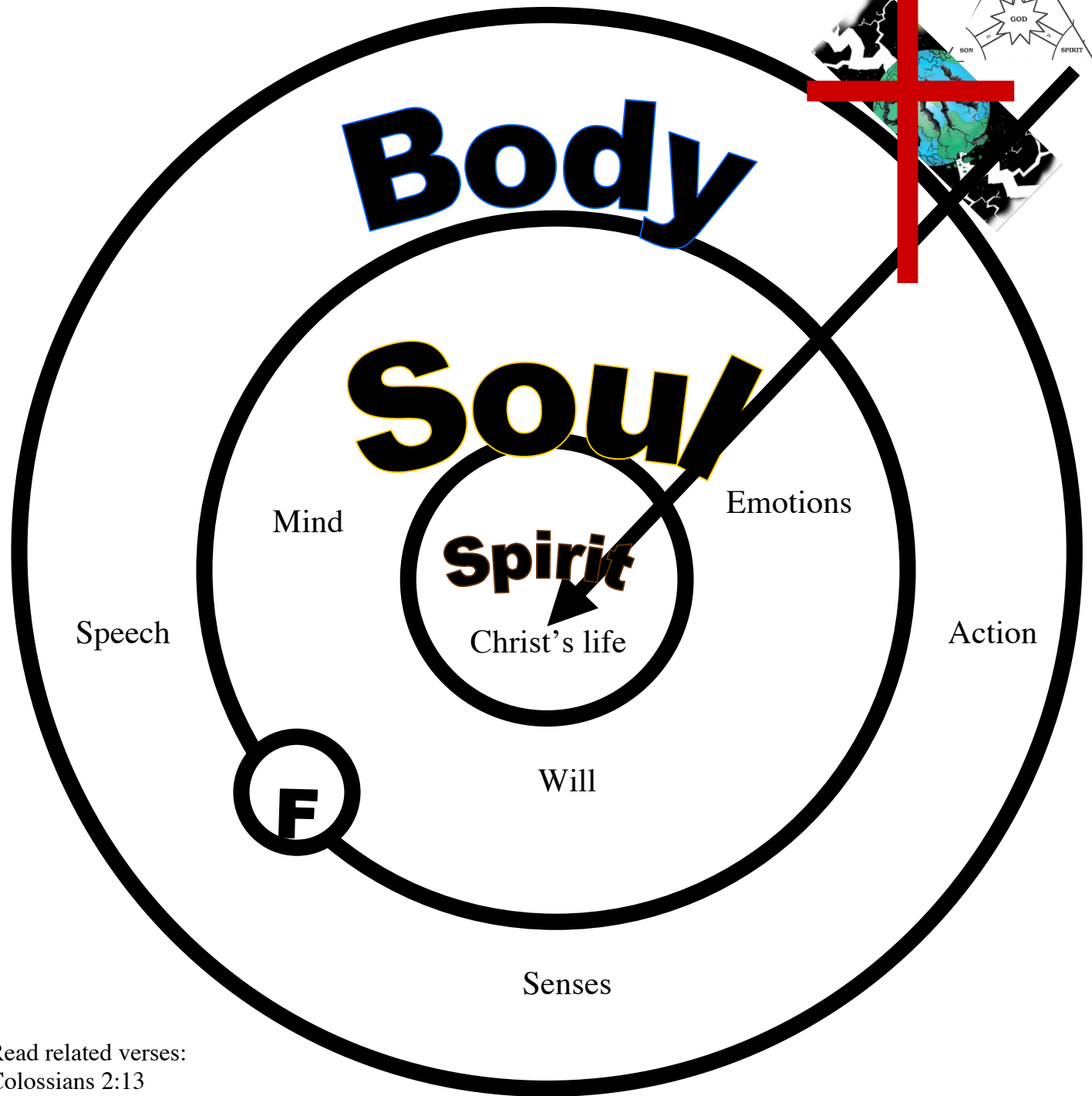
- The **F** represents flesh or self – sufficiency.

Transition: What does this person need?

Christ Follower

Ephesians 1:7

In Him we have redemption through His blood, the forgiveness of our trespasses, according to the riches of His grace



Read related verses:

- Colossians 2:13
- 2Corinthians 5:17
- Romans 5:10
- Galatians 2:20
- 1Corinthians 6:17
- Ezekiel 36:26

Diagram #3

1. Explain the two aspects of salvation:

- Jesus' blood shed for the forgiveness of sins.

Ephesians 1:7

“In Him we have redemption through His blood, the forgiveness of our trespasses, according to the riches of His grace.”

- Receiving of Life in our spirit.

Romans 5:10

“For if while we were enemies, we were reconciled to God through the death of His Son, much more, having been reconciled, we shall be saved by His life.”

Explain how God gave His Life for us, in order that He might give His life to us, in order that He might live His life through us.

Galatians 2:20

“I have been crucified with Christ; and it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me, and delivered Himself up for me.”

Assess the person's experience of salvation, assurance, and total surrender.

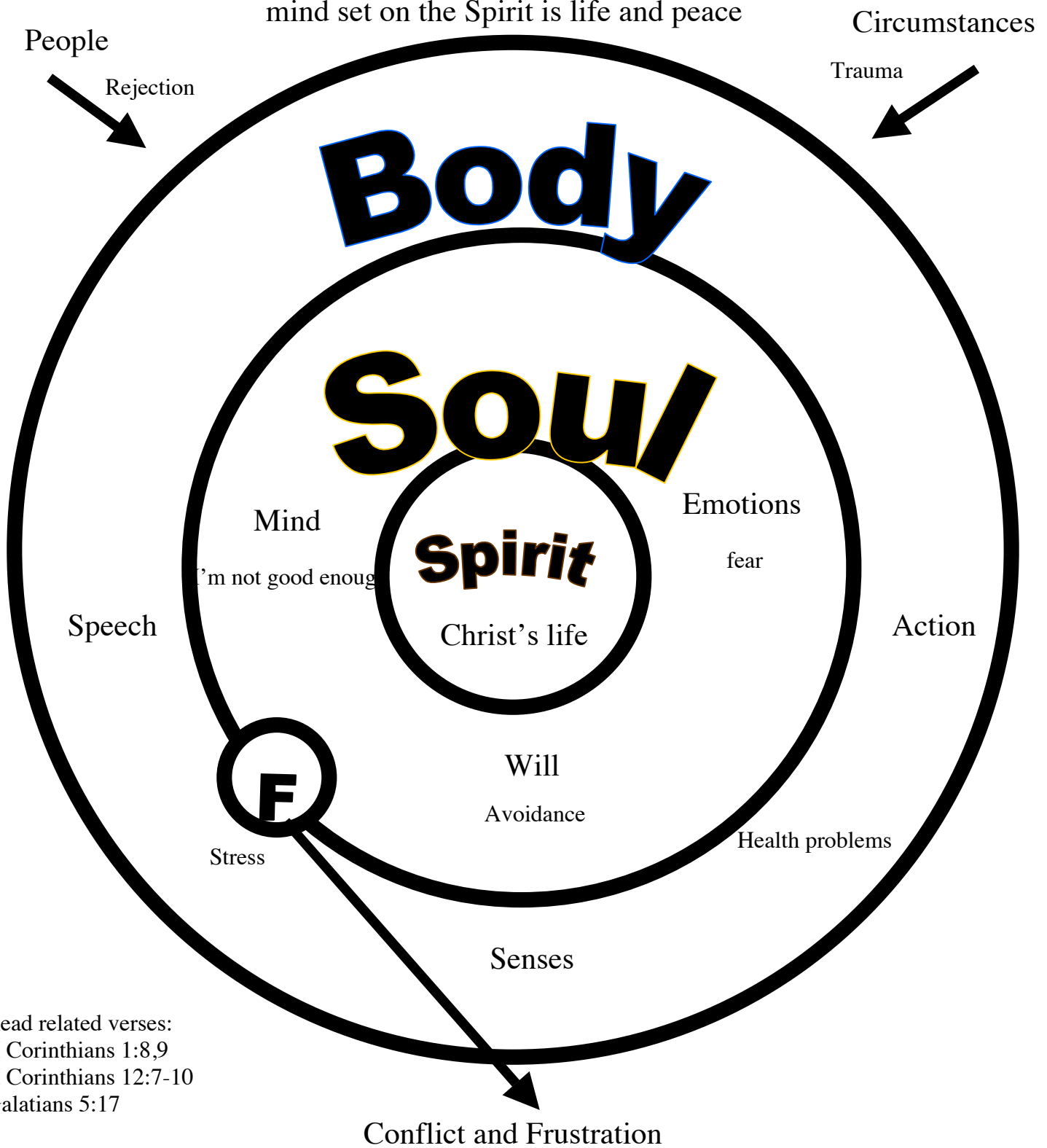
- Salvation - if God were to ask you, “Why should I let you into heaven?” What would you say?
- Assurance - Can a person know for sure that they are saved? Do you?
- Total surrender - Have you ever come to a point in your life where you have given God permission to do whatever He wants?

Transition: Although we are a new creation, we still struggle with flesh.

Yucky Flesh

Romans 8:6

For the mind set on the flesh is death, but the mind set on the Spirit is life and peace



Read related verses:
II Corinthians 1:8,9
II Corinthians 12:7-10
Galatians 5:17

Diagram #4

Review the rejection experience. (The negative circumstances)

- Use the individual's own history.

Explain the effect on the emotions and mind.

- The emotions experience turmoil and conflict such as anxiety, worthlessness, depression and etc.
- Our mind develops distorted beliefs of God and self and others. For example:
 - God is displeased with me
 - I can't trust God
 - I am a victim
 - I must be perfect
 - Others will hurt you
 - Others are better than me
 - Etc.

Explain how the real problem is depending on self-sufficiency or flesh which results in coping-mechanisms.

- Personalize for the individual, if possible.
- Explain that the problem is not circumstances, past rejections, damaged emotions or distorted beliefs.

Explain how depending on flesh may affect the body.

- Tension headaches
- Ulcers
- Hives
- Allergies
- Hyperventilation
- Palpitations of the heart
- Etc.

Explain when the person depends upon his own strength to cope with present pressures and past rejections, the result is ultimately conflict and frustration.

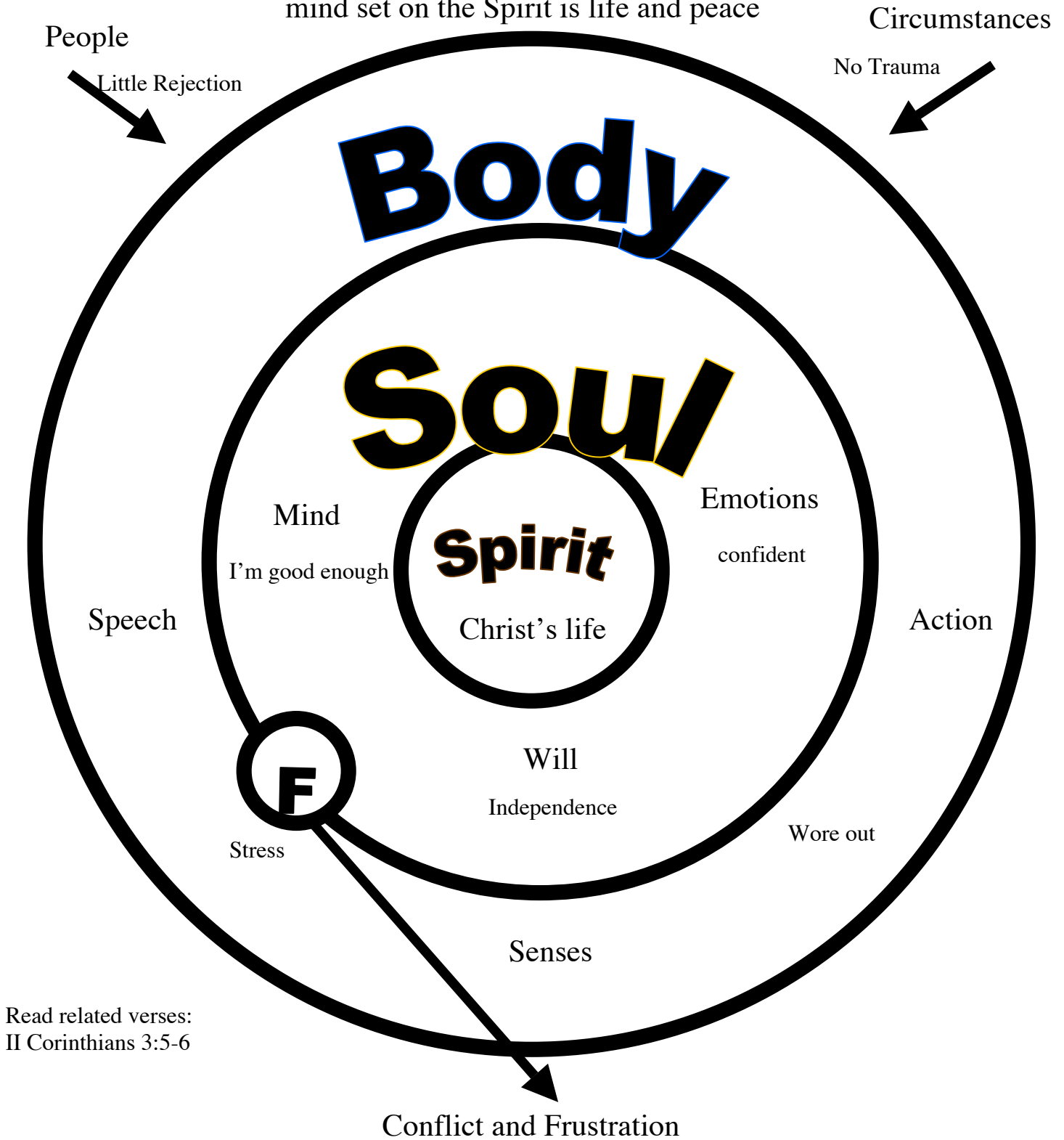
- Coping mechanisms that were developed to meet needs haven't worked.
- Coping mechanisms ultimately fail to meet our deepest needs, but produce internal conflict and frustration and external conflict in relationships.

Transition: What about the person who hasn't experienced much rejection?

Good Looking Flesh

Romans 8:6

For the mind set on the flesh is death, but the mind set on the Spirit is life and peace



Read related verses:
II Corinthians 3:5-6

Diagram #5

Explain the effect on the emotions and the mind:

- The emotions have been positively programmed having experienced little rejection.
- The mind has a distorted view of God, self, and other.

For example:

- God approves of me because of my performance
- I am competent
- I can please God
- I need to be strong
- God helps those who help themselves
- Those who can't measure up are weak and undisciplined

Explain the self confidence the person has in his own fleshly strength.

- This person may have a belief they can handle their own problems. This person, who is capable, appears able to serve God in his own strength.
- This person may see no need to depend upon Christ.
- This is the kind of person the negatively programmed individual admires and desires to be like.

Explain the results of dependence upon the flesh.

- The individual may become proud, judgmental, controlling, self-righteous.
- This person may experience conflict in relationships and a lack of intimacy.

Explain how God uses circumstances to reveal the person's inability to cope in his own strength.

Ask, does God want to strengthen or weaken this individual's flesh in Diagram #4 or #5.

II Corinthians 1:8,9

"For we do not want you to be unaware, brethren, of our affliction which came to us in Asia, that we were burdened excessively, beyond our strength, so that we despaired even of life; - indeed, we had the sentence of death within ourselves in order that we should not trust in ourselves, but in God who raises the dead;"

II Corinthians 3:5,6

"Not that we are adequate in ourselves to consider anything as coming from ourselves, but our adequacy is from God, who also made us adequate as servants of a new covenant, not of the letter, but of the Spirit, for the letter kills but the Spirit gives life."

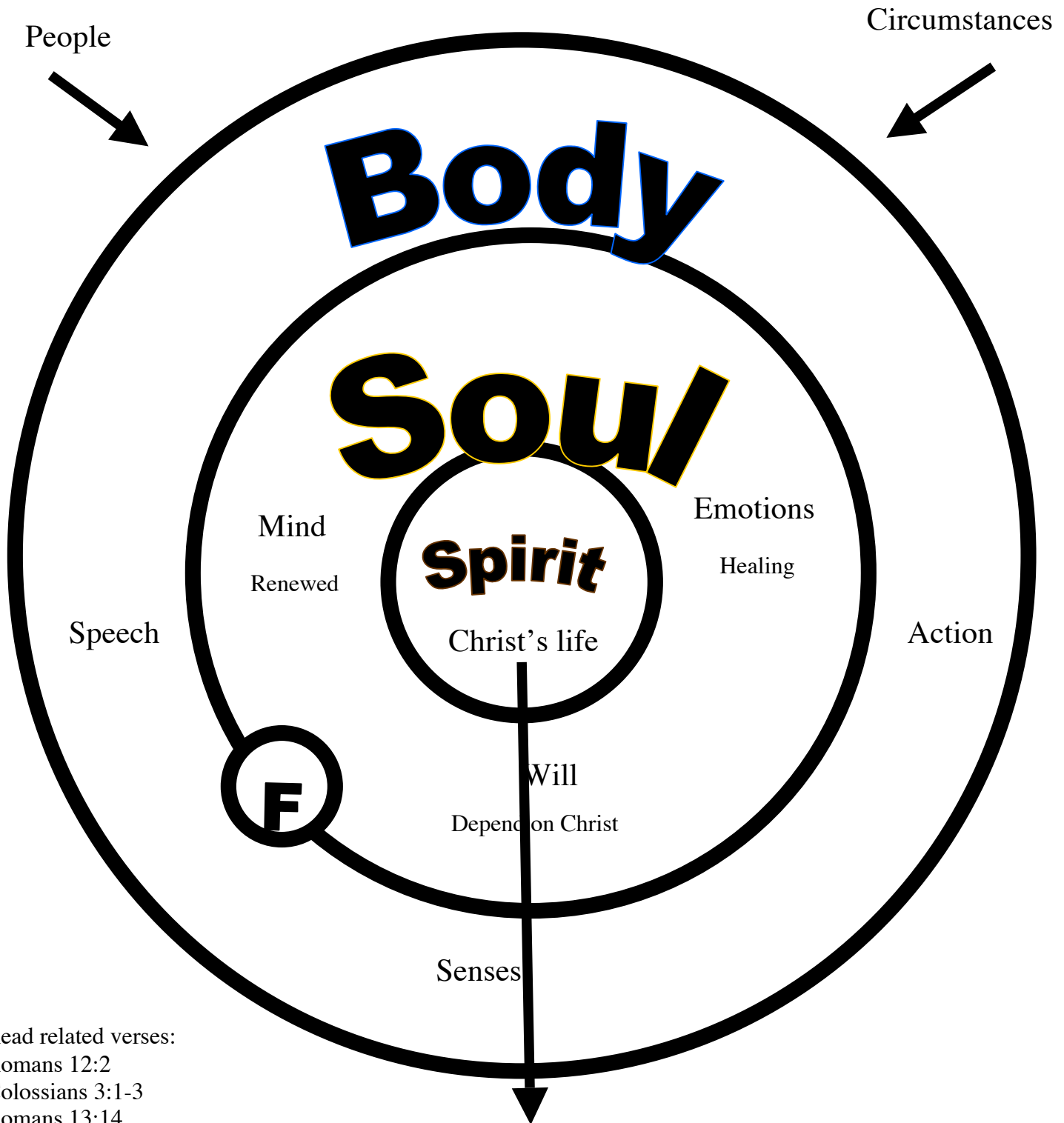
Also, II Corinthians 12:7-10 & Galatians 5:17

Transition: God doesn't want to change us (to strengthen or improve our flesh), but to exchange us.

The Exchanged Life

Romans 8:28

God causes all things to work together for good to those who love God, to those who are called according to His purpose.



Read related verses:
Romans 12:2
Colossians 3:1-3
Romans 13:14
Psalm 23:3
Romans 15:18
Ephesians 3:20

Love, Joy, Peace Strength in Christ

Diagram #6

Explain the differences between dependence upon flesh and upon Christ:

Self strength	vs.	Christ as my strength
Reasoning ability	vs.	Mind of Christ
Meeting my needs for love, acceptance, worth, and competency	vs.	Resting in Christ for my love, acceptance, worth and competency

Explain affect on the emotions and mind:

- Gradual healing of the emotions often coming from forgiveness, relinquishing of rights and walking in truth.
- The mind is being renewed to a true understanding of God, self and others.

Explain the results of Christ living His life through us:

- Stress - related health problems improve.
- Freedom from sin's control is experienced
- All rights are relinquished.
- One begins to experience a life of rest, strength, peace love, joy, etc.
- Fruit of the Spirit is reflected through our unique personality.

Transition:

If I were to ask you what the term eternal means, what would you say
(Usual answer is living with God forever, which started at salvation.)

What do we mean when we say Christ is eternal? (Christ has no beginning and no end.
He's always existed.)

Then what is an eternal life? (It is a life with no beginning and no end.)

Since there is only one being who is eternal, whose life is it? (Christ's Life is eternal Life.)

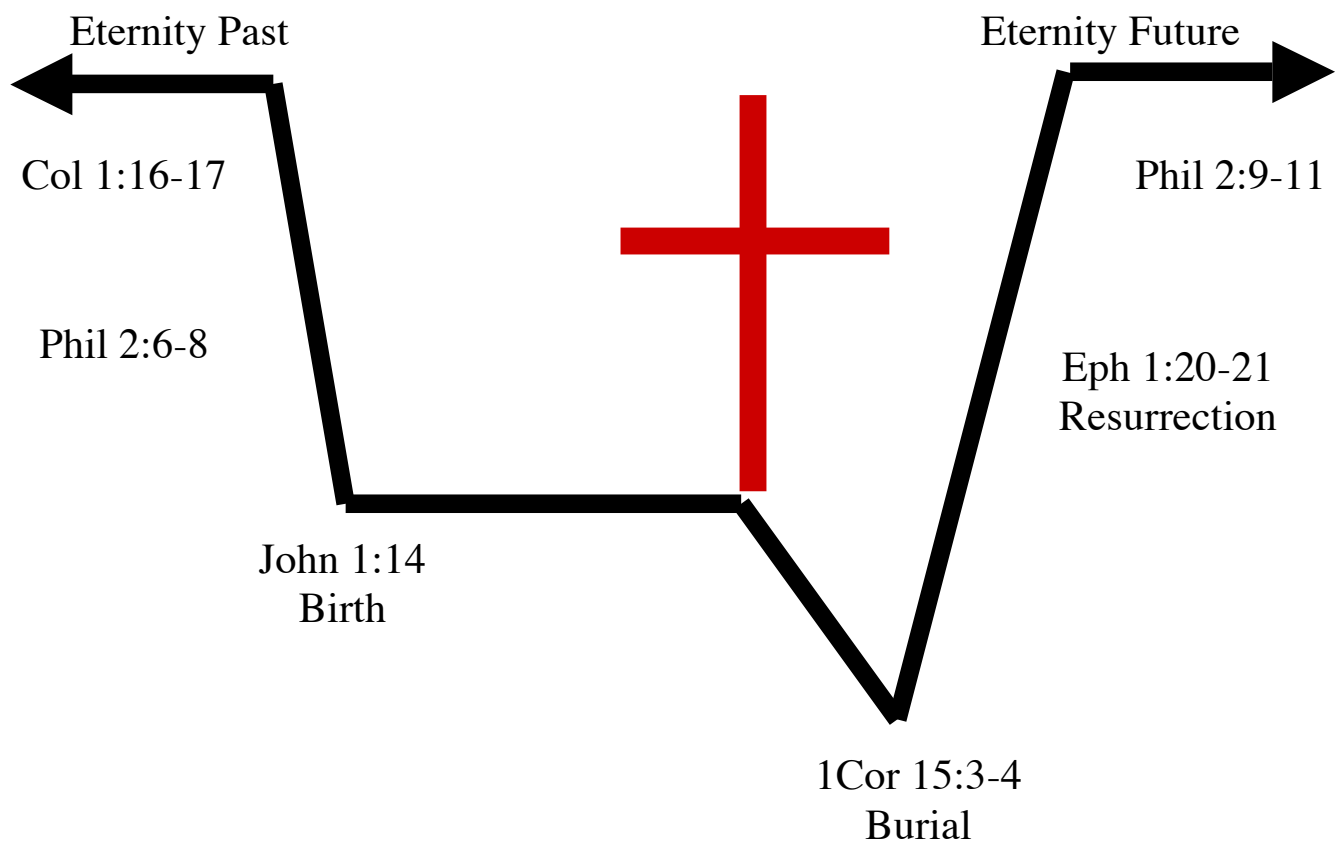
Eternal life is not something that begins when we become a Christian. It is something we enter, and partake of at the moment of salvation. It is receiving a new life altogether - - Christ's Life. (I John 1:1,2; 5:11, 12, 20)

The following diagrams show us how your life can be exchanged.

Eternal Life

1John 5:20

And we know that the Son of God has come, and has given us understanding, in order that we might know Him who is true, and we are in Him who is true, in His Son Jesus Christ. This is the true God and eternal life.



Read related verses:
I John 1:1,2; 5:11, 12, 20

Diagram #7

Check to see if the person comprehends the meaning of eternal life, using scripture is necessary.

Eternal life is not something that begins when we become a Christian. It is something we enter and of which we become a partaker at the moment of salvation. It is receiving a new life altogether - - Christ's Life!

Review the historical events of Christ's life, using appropriate scripture.

- Christ was in the beginning and created all things.

Colossians 1:16-17

"For by Him all things were created, both in the heavens and on earth, visible and invisible, whether thrones or dominions or rulers or authorities - - all things have been created by Him and for Him. And He is before all things, and in Him all things hold together."

John 1:1,2

"In the beginning was the Word, and the Word was with God, and the Word was God. He was in the beginning with God."

Philippians 2:6-11

"who, although He existed in the form of God, did not regard equality with God a thing to be grasped, but emptied Himself, taking the form of a bond-servant, and being made in the likeness of men. And being found in appearance as a man, He humbled Himself by becoming obedient to the point of death, even death on a cross. Therefore also God highly exalted Him, and bestowed on Him the name which is above every name, that at the name of Jesus every knee should bow, of those who are in heaven, and on earth, and under the earth, and that every tongue should confess that Jesus Christ is Lord, to the glory of God, the Father."

Check the current meaning of the cross to the person.

- From your understanding, what happened on the cross in relationship to you?
- Be sure they understand Christ died for them. "Do you understand that since Christ paid for your sins that God will never punish you for your sins?"
- If they do not understand their identification in Christ, do not explain their death in Christ at this time.
- If they do understand their crucifixion with Christ, review the diagrams to help clarify any issues.

Transition: You were not born in Christ but in Adam.

In Adam

Romans 5:12

Therefore, just as through one man sin entered into the world, and death through sin, and so death spread to all men, because all sinned



The Fall



Hell

Read related verses:
1Corinthians 15:22a
Romans 5:12-19
Romans 3:23
Ephesians 2:1

Diagram #8

Explain how the person was born in Adam, zeroing in on the word in:

“Set aside for now what you know about Adam and Eve and the fall, and let’s concentrate on what the word **in** means.”

“Let this figure represent your birth and these lines represent your parents, grandparents and ancestors all the way back to Adam.”

“Can you see that if your parents had died before you were born that you would have turned up missing; therefore, what happened to them would have happened to you.”

“Then can you see that your life in Adam proceeded from your parents, grandparents, and at one point, your life was in Adam?”

Explain the results of being in Adam are:

When he sinned, we sinned. (Romans 3:23, Romans 5:12)

When he died, we died - - Speaking of spiritual death, or separation from God. (Romans 5:12, 15, 17; Ephesians 2:1)

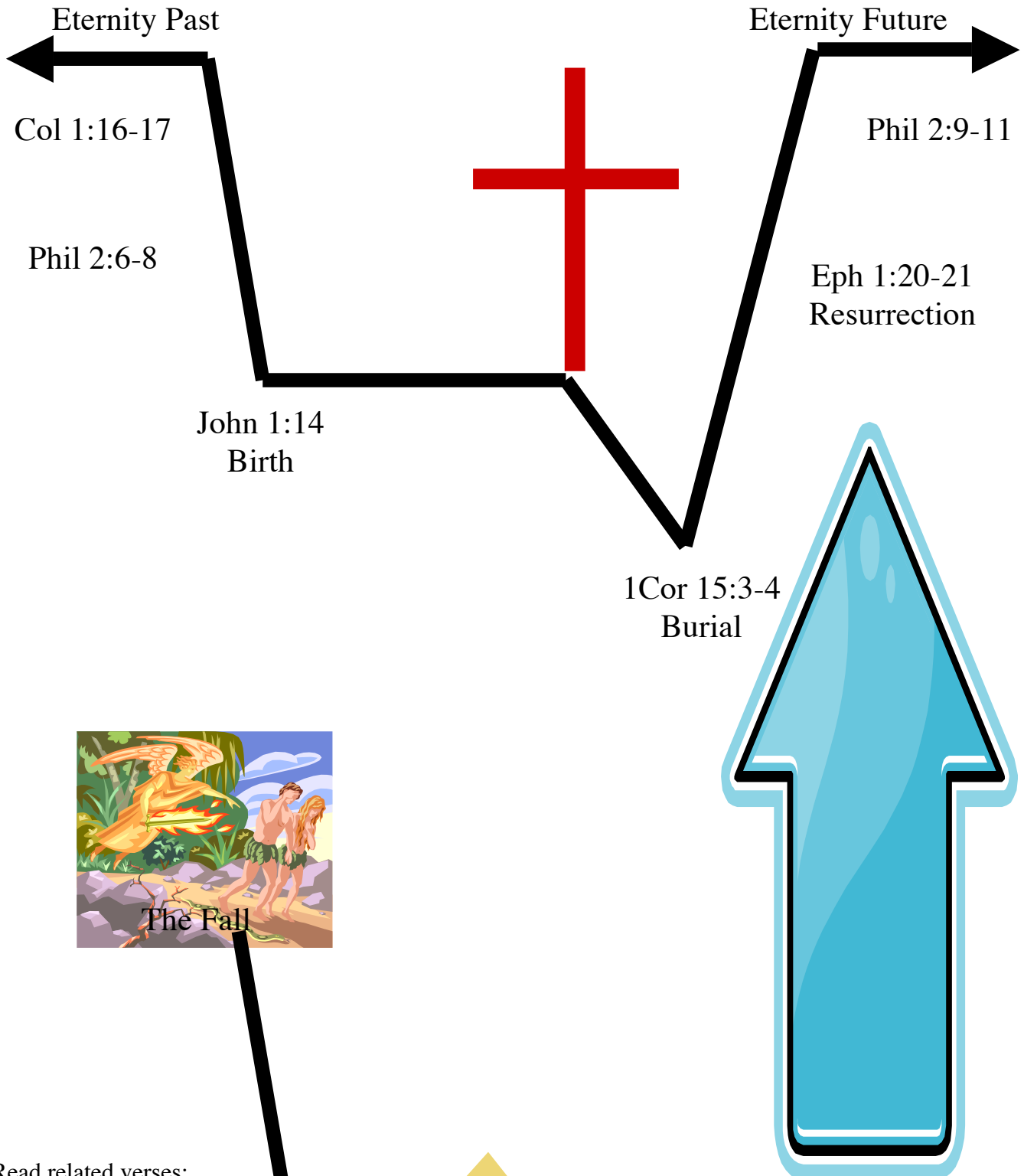
When he was condemned, we were condemned. (Romans 5:16b-18)

Explain that what Adam became when he died we became because we were in Adam: (Romans 5:19a; I Corinthians 15:22a) For example: When he became a sinner, we became sinners.)

Just as a person receives physical characteristics through his natural parents, so the person in Adam receives spiritual characteristics through his union with Adam

Transition: God took you out of Adam and put you in Christ.

In Christ



Read related verses:
Colossians 1:13; 3:3-4
I Corinthians 1:30
Galatians 2:20
Romans 6:3-6
Ephesians 1:4; 2:5-6
II Corinthians 5:17
Romans 5:19b



LIFE Ministries

Diagram #9

Explain: A person is taken from being spiritually in Adam and placed in Christ.
(Colossians 1:13; I Corinthians 1:30)

- It is by God's doing that you are placed in Christ.
- This takes place at salvation.

Explain: The concept of being in Christ on the cross, in the grace, in His resurrection, and in the heaven lies.

- If your life is in Christ now, then where were you when Christ was on the cross? What happened to you there? (Galatians 2:20)
- After Christ was crucified, what happened to Him? What happened to you? (Romans 6:4)
- After Christ rose from the dead what happened to Him? What happened to you? (Ephesians 2:6) Then where are you today?
- This means that our old self (old man), which was our unregenerate human spirit, was crucified with Christ, and we were raised as new creations. (II Corinthians 5:17)

Explain: The difference between Christ dying for me and me dying with Him.

- Why do you suppose God arranged for your death? (Show diagram #4 or #5 - whichever is appropriate)
 - a. To rescue us from life in Adam.
 - b. It was so you could lose your life and exchange it for His. Can you see that God not only dealt with your sins, but the source of your sins? YOU or your self-life - - your flesh?

Explain: That what Christ is we have become because we are "in" Him. (Romans 5:19b)

- righteous - acceptable - complete - evidencing the fruits of the Spirit

Review the difference between having flesh versus having Christ as life. (Compare diagrams #4 or #5 with diagram #6)

- Looking at these diagrams, do you see a need for the exchange to take place in our life?

Lead the person through the selfer's prayer, if appropriate.

- In order to appropriate your identification with Christ, would you be willing to allow Jesus Christ to do anything He desires with you, your family, your future job, money, marriage, etc.?
- Would you be willing to give up control and abandon yourself to Him, and admit that you in and of yourself are a failure? Would you give up your rights to your life and fleshly behavior patterns?