

# Life Mentoring Follow up

Meet after 1 month

- make sure still progressing forward
- check if obtained an accountability/prayer partner and if in HOJ U or other Bible Study
- put on Life News email list

Phone call after 2 months or start Spiritual Fitness Coaching

-same as above

Email after 3 months

- same as above
- suggest coaching, if not already

## **Follow Up Questions:**

How are you doing?

How have you been applying the Life Mentoring principles you've learned?

What area are you still struggling with?

What are your next steps in spiritual growth and healing? (continue Life Mentoring, start Life coaching, or other...)

How can I help you?

How can I pray for you?