



Life Seminar

Presented By

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Purpose and Expectations

Acknowledgements

Life Ministries Valdosta is a non-profit (501c3) nondenominational ministry founded in 2007. We teach what is called “the Exchanged Life” which is a message of grace. We are affiliated with the national organization *Network 220* (network220.org).

Classical Christian writers such as Hannah Whitall Smith, C. S. Lewis, Hudson Taylor, A.W. Tozer, and Watchman Nee have written and taught the Exchanged Life message and experienced living out of Christ’s resources for the past century. The Life Classes were developed from an accumulation of these and other resources. Charles Solomon first introduced the concept of “spirituotherapy” as a counseling or discipling model in 1980. His book, *The Handbook to Happiness*, has been used by thousands of Christians as a discipleship resource and it is the starting place for the concepts of this training program.

Further development by various offices of *Network 220* has also been utilized. Bill and Anabel Gillham and the ministry at *Lifetime Guarantee*, Steve McVey at *GraceWalk Ministries*, and Greg Brezina and the staff at *Christian Families Today* have contributed through their books, conferences, and personal input. Special thanks are due to *Grace Ministries International* in Atlanta and *GraceLife Family Ministries* in Douglasville, Georgia, whose wisdom and liberal use of resources made this program possible. Specific references from other sources will be given as they occur within the text.

Purpose Statement

The purpose of the Life Classes is to provide a deeper and more comprehensive understanding of the Exchanged Life message. Life Ministries purpose is to encourage believers to appropriate their identity in Christ and to communicate and express Christ’s abundant life in their daily activities. Care will be taken in maintaining a balance between learning and personal growth.

The Life Class does not in itself qualify a person to be a Life Mentor or "Christian Counselor". It should, however, prepare individuals to lead people to appropriate their identification with Christ and then apply that truth to specific areas of life.

Training Expectations

1. The Life Mentoring Training is divided into four levels:
 - a. Life Seminar
 - b. Life Class I
 - c. Life Class II
 - d. Life Mentoring Internship

It is expected that students will attend the seminar, all classes, complete all assignments, and internship to receive a certificate of training. To complete all assignments, the student will need to do some work outside of class.

2. Confidentiality – Confidentiality is a must while you are in training and we ask each student to agree to and sign a Confidentiality Agreement (page 8). Care must be taken to refrain from discussing any information you overhear in classes, mentoring, or other ways that would be considered personal and private. This includes breaks, commuting times, or other social activity where a violation of trust could occur.

3. Certificates of completion will be given at each level of training. However, all four levels of training and financial payments must be completed to receive a **Certificate of Training**. This certification meets or exceeds the minimum requirements for training as directed by Network 220.

Overview of Life Mentoring Training

(Requirements to be a Life Mentor)

The Life Mentoring Training consists of four progressive levels with each level building upon the previous.

Successful completion of each level is required for enrollment into the following level.

LIFE Seminar (cost \$25.00)

- The Nature of the Flesh
- The Life and Cross
- Journey to the Cross
- Believer's Identity
- Believer's Victory
- Forgiveness

Seminars are one-day events usually held on Saturday. The seminar is a *prerequisite* for additional training.

LIFE Class I (Cost \$600.00 with \$100.00 down)

Unit One

- 101 – Flesh & Belief Systems*
- 102 – Life and the Cross*
- 103 – Salvation and Security
- 104 – In Christ*: Acceptance & Righteousness
- 105 – Concept of and Intimacy with God*
- Progress Report & One on One

Unit Two

- 201 – Romans 5-6*
- 202 – Romans 7-8*
- 203 – Law and Grace*
- 204 – Brokenness & Total Surrender*
- 205 – Forgiveness*
- 206 – Marriage
- 207 – Parenting
- 208 – Satan's Deceptions
- 209 – Growing Free: Emotional Healing*
- Progress Report & One on One
- Exam
- Book Report

Books

- Lifetime Guarantee – Gillham*
- The Shack – Young
- Grace Walk – McVey
- Birthright – Needham*
- Normal Christian Life – Nee*
- Families Where Grace is in Place – Van Vonderan
- Tired of Trying to Measure Up – Van Vonderan
- Tale of Three Kings – Edwards

Audio

- Turkeys and Eagles – Lord*
- Strength of Weakness – Taylor*
- Receiving – Taylor*

Video

- Liberated in the Beloved – Ortiz*
- Spiritual Deception of Passivity – LeFebre*

LIFE Class II (cost \$600.00 with \$100.00 down)

Unit Three

- 301 - Theology of Exchanged Life
- 302 – Counseling Approaches & Ethics
- 303 – Listening*
- 304 – History Taking & Assessments
- 305 – Family Systems
- 306 – Pre-Marriage
- 307 – Counseling Children
- Progress Report & One on One

Unit Four

- 401 – Addiction
- 402 – Codependency
- 403 – Suicide
- 404 – Anger
- 405 – Guilt and Shame
- 406 – Sexual Maladjustment
- 407 – Trauma
- Progress Report & One on One
- Exam

Unit Five

- 501 – 505 - Mentor role play
- Term Paper

Apply for LIFE Mentoring Internship

Interview for LIFE Mentoring Internship

Internship

- 8hrs of being mentored*
- 5hrs of supervising mentoring*
- 10hrs of being supervised mentoring*

*Network 220 minimum requirements

Books

- Foundations of Exchanged Life Counseling – Hall*
- The Rest of the Gospel – Stone & Smith*
- Handbook to Happiness – Solomon*
- Bondage Breaker – Anderson*
- The Naked Gospel – Andrew Farley*
- The Subtle Powers of Spiritual Abuse – Van Vonderar

Booklets

- A Study of the Mind – Gillham*
- The Exchanged Life – Taylor*
- Faithful Forever – Gillham*
- Himself – Simpson*
- Resolving the Misunderstandings of the Exchanged Life – Best*
- Perils of the Victorious Life – Trumbull*

Audio

- Brokenness (6) – Stanley*
- Search for Self-Worth (6) – Smith*

Video

- The Cross of Christ (4) - Best*
- Finding Freedom (24) – Grace Ministries Inc.*

COMMITMENT TO CONFIDENTIALITY

*A gossip betrays a confidence,
but a trustworthy man keeps a secret (Prov. 11:13).*

The Bible teaches that Christians should carefully guard any personal and private information that others reveal to them. Protecting confidences is a sign of Christian love and respect (Matt. 7:12). It also discourages harmful gossip (Prov. 26:20), invites confession (Prov. 11:13), and thus encourages people to seek needed mentoring. Since these goals are essential to the ministry of the gospel and the work of the local church, all students and staff are expected to refrain from gossip and to respect the confidences of others regarding all information shared in counseling, training classes, and incidental conversation.

Because of its biblical nature and a commitment to honesty, Christian training encourages parties to openly and candidly confess their history. This requires an environment where parties may speak freely, without fear that their words may be used against them. All communications that take place during the Life Mentoring Training, shall be strictly confidential. This policy extends to all oral and written communications made by students, staff, or clients, and includes all records, reports, letters, notes, and other documents received or produced by *Life Ministries* or its parties.

Although confidentiality is to be respected as much as possible, there are times when it is appropriate to reveal certain information to others. In particular, when our leaders believe it is biblically necessary, they may disclose confidential information to appropriate people. *Life Ministries* may divulge appropriate and necessary information under the following circumstances, and the parties agree to waive confidentiality and hold the ministry harmless for doing so: (1) when, as part of its normal office operations, the Life Ministries Coordinator consults with its staff members or outside experts regarding particular issues or problems related to a case; (2) when compelled by statute or by a court of law; (3) when an action has been brought against *Life Ministries* as a result of its participation in a normal ministry activities.

the undersigned has read and agrees to this commitment,

Signed

Date