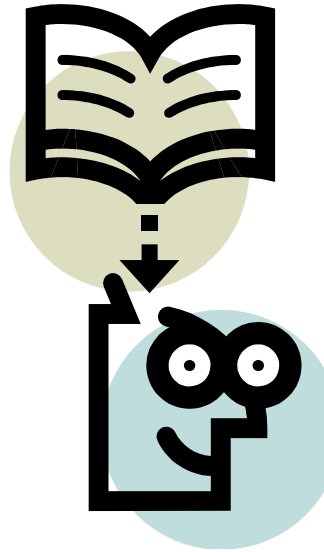


Setting Your Mind

"Therefore if you have been raised up with Christ, keep seeking the things above, where Christ is, seated at the right hand of God. **Set your mind on things above**, not on the things that are on earth. For you have died and your life is hidden with Christ in God."
Colossians 3:1-3

Four Principles for Setting your Mind

1. You can not set your mind on two things at once.
2. Feelings usually follow what your mind is set on.

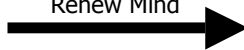


3. If you don't set your mind, it will automatically set on something else.
4. You can't suppress a thought, but you can replace one thought with another.

Feelings

Guilt from the past
Dirty/cheap
Uncared for
Inadequate/helpless
Unacceptable
Stupid
Problems over me
Insecure/unwanted
Incompetent
Unworthy of forgiveness

Renew Mind



God's Truth

Not Guilty – Ro 8:1
Righteous – 2Cor 5:21
Cared for – Phil 4:19
Adequate – 2Cor 3:4-6
Acceptable – Ro 12:1
His Mind – 1Cor 2:16
Problems under me – Eph 2:6
Secure – John 10:28
Complete – Col 2:9-10
Forgiven – Col 2:13