

DYSFUNCTIONAL

When I feel responsible **for** others

I feel

- Tired
- Anxious
- Fearful
- Liable

I

- Fix
- Protect
- Rescue
- Control
- Carry their feelings
- Don't Listen

I am concerned with

- The solution
- Answers
- Circumstances
- Being right
- Details
- Performance

I am a manipulator.

I expect the person to live up to my expectations.

FUNCTIONAL

When I feel responsible **to** others

I feel

- Relaxed
- Free
- Aware
- Confident in my identity in Christ

I

- Show empathy
- Encourage
- Share
- Confront
- Level
- Am sensitive
- Listen

I am concerned with

- Relating person to person
- Feelings
- The person

I am a helper/guide.

I expect the person to be responsible for himself and his actions.

I can trust and let go!