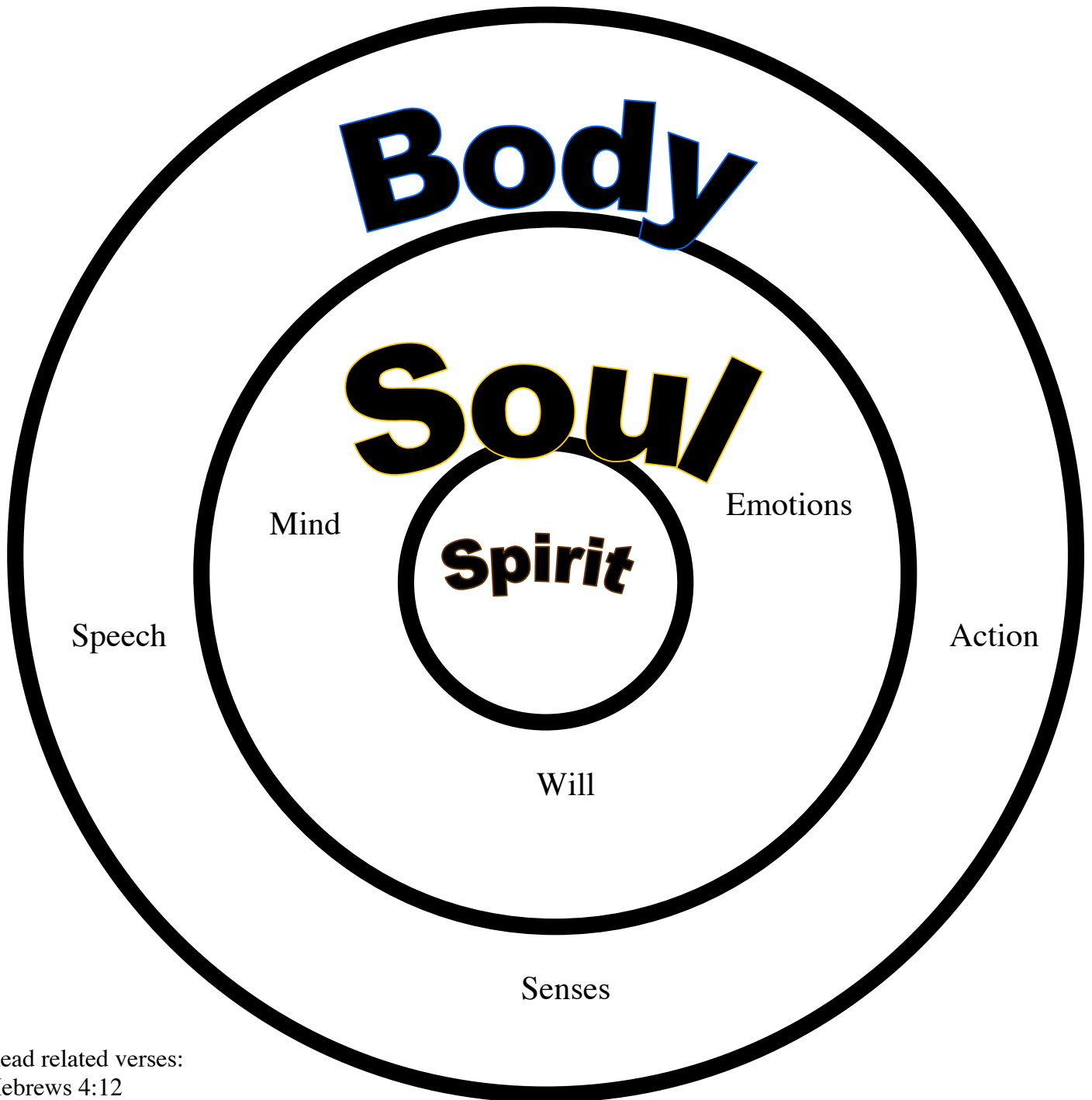


A Three Part Whole

1 Thessalonians 5:23

...may your spirit and soul and body be
preserved complete...



Read related verses:

Hebrews 4:12

1 Corinthians 6:17

Romans 8:16

John 4:24

Genesis 2:7

Diagram #1

1. There are 3 parts of man: 1 Thes 5:23, Heb 4:12

Spirit - where God intends to dwell and through which we relate primarily to God.

1 Corinthians 6:17 – “But the one who joins himself to the Lord is one spirit with Him.”

Romans 8:16 – “The Spirit Himself bears witness with our spirit that we are children of God.”

Soul - or our personality is the psychological part of us through which we relate primarily to people.

3 functions of the soul:

Mind – Seat of reason, logic and memory (thinker)

Emotions – Feeler

Will - Chooser

Body - relates primarily to this physical world and houses our soul and spirit.

*Corresponds to the Temple...Outer court, most holy place, and holy of holies

2. Our true identity is in Spirit:

The world view – man is a physical being that has a soul and spirit. We try to heal from the outside in and find our identity in our flesh (looks, success...)

God's view – man is a spirit that has a soul and lives in a body.

John 4:24 – “God is a spirit, and those who worship Him must worship Him in spirit and in truth.”

Genesis 2:7 – “Then the Lord God formed man from the dust of the ground and breathed into his nostrils the breath of life; and man became a living being.”

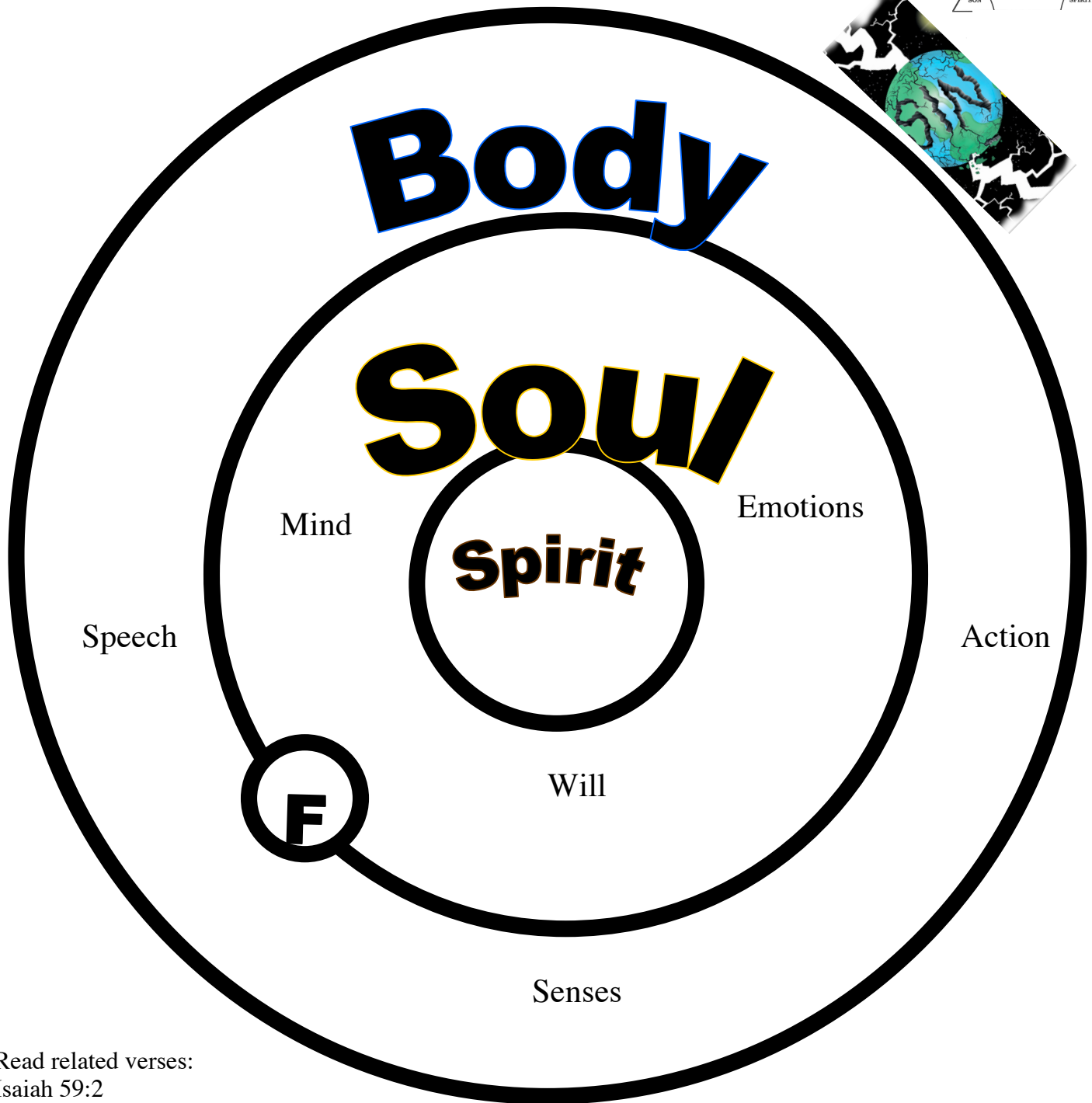
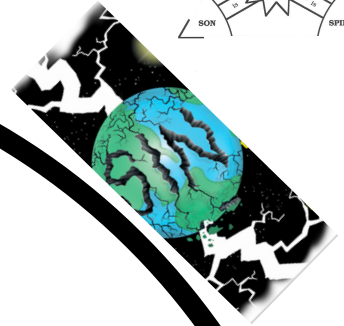
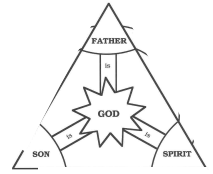
God works from the inside out and our identity is in our spirit.

Transition: However, we are all born with a spiritual problem.

Pre-believer

Ephesians 2:1

And you were dead in your trespasses and sins



Read related verses:

Isaiah 59:2

Ephesians 2:1-3

Diagram #2

1. The problem is in our relationship with God:

-Our sins have separated us from God.

Isaiah 59:2

“But your iniquities have made a separation between you and your God, And your sins have hidden His face from you, so that He does not hear.”

- We at birth are spiritually dead to God, without life, and sinners by nature.

Ephesians 2:1-3

“And you were dead in your trespasses and sins, in which you formerly walked according to the course of this world, according to the prince of the power of the air, of the spirit that is now working in the sons of disobedience. Among them we too all formerly lived in the lusts of our flesh, indulging the desires of the flesh and of the mind, and were by nature children of wrath, even as the rest.”

(Color in spirit)

We are separated from God and without life at birth.

2. the **F** is flesh in the diagram:

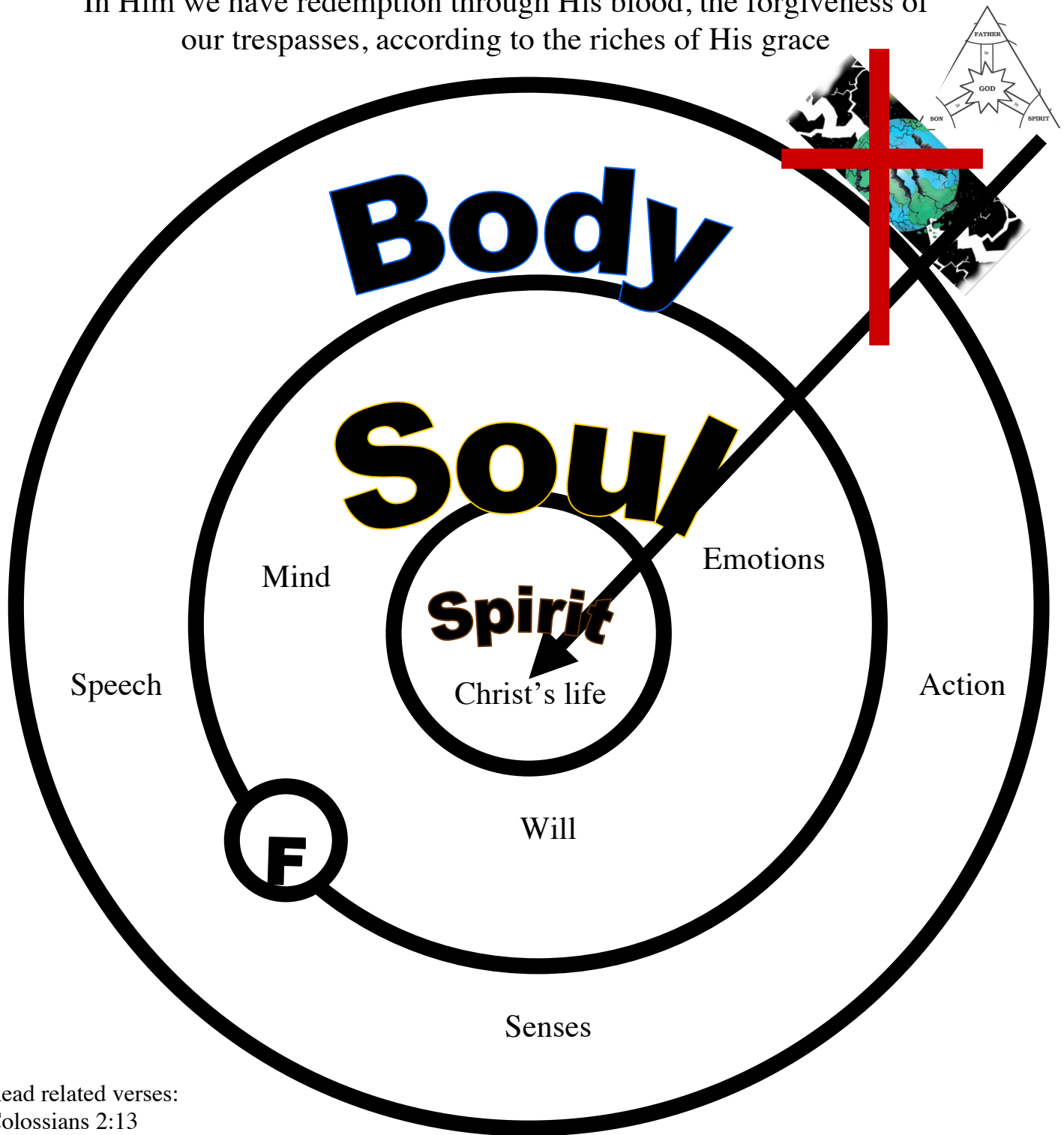
-The **F** represents flesh or self – sufficiency/ self-life.
Notice it floats between the Body and the Soul.

Transition: What does this person need?

Christ Follower

Ephesians 1:7

In Him we have redemption through His blood, the forgiveness of our trespasses, according to the riches of His grace



Read related verses:

Colossians 2:13

2Corinthians 5:17

Romans 5:10

Galatians 2:20

1Corinthians 6:17

Ezekiel 36:26

Diagram #3

1. There are actually two aspects of salvation:

-Jesus' blood shed for the forgiveness of sins.

Ephesians 1:7

"In Him we have redemption through His blood, the forgiveness of our trespasses, according to the riches of His grace."

Col 2:13 – Forgiven all sin

- Receiving of Life in our spirit.

Romans 5:10

"For if while we were enemies, we were reconciled to God through the death of His Son, much more, having been reconciled, we shall be saved by His life."

2Cor 5:17 – new creation

Galatians 2:20

"I have been crucified with Christ; and it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me, and delivered Himself up for me."

1Cor 6:17 – one Spirit with God

Ezekial 36:26 – new heart, new spirit

God gave His Life for us, in order that He might give His life to us, in order that He might live His life through us.

2. Have you experienced both aspects of salvation?

- Salvation - if God were to ask you, "Why should I let you into heaven?" What would you say? (Jesus, John 14:6)

- Assurance - Can a person know for sure that they are saved? Do you? (yes, Ro 8:16)

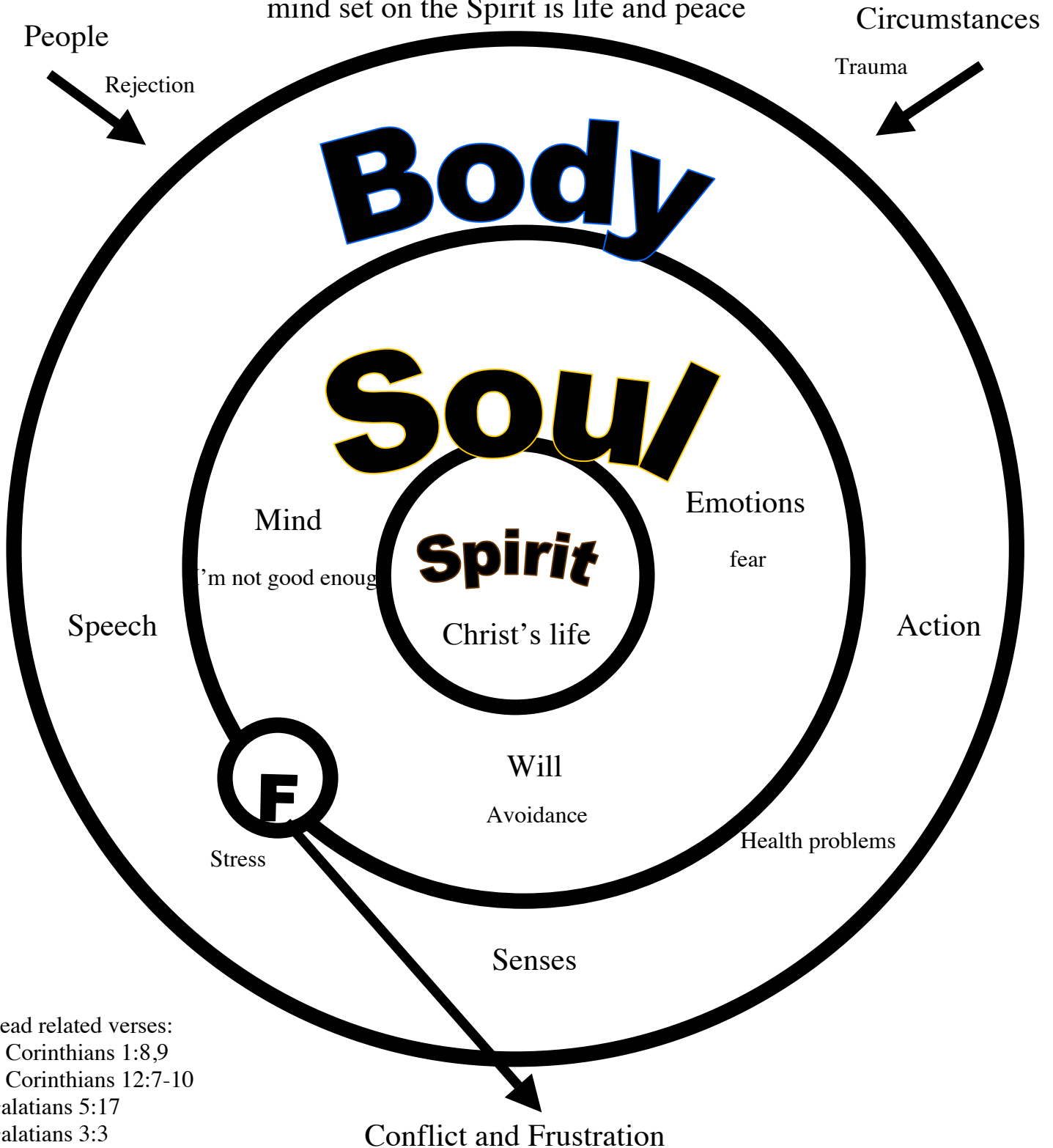
- Total surrender - Have you ever come to a point in your life where you have given God permission to do whatever He wants?

Transition: Although we are a new creation, we still struggle with flesh.

Yucky Flesh

Romans 8:6

For the mind set on the flesh is death, but the
mind set on the Spirit is life and peace



Read related verses:
II Corinthians 1:8,9
II Corinthians 12:7-10
Galatians 5:17
Galatians 3:3

Diagram #4

Read: Galatians 3:3

(Review the rejection or negative experiences by writing them under family, circumstances. Using the individual's own history)

1. The effect on the emotions and mind...

- The emotions experience turmoil and conflict such as anxiety, worthlessness, depression and etc. (write their emotions)
- Our mind develops distorted beliefs of God and self and others.

For example:

- God is displeased with me
- I can't trust God
- I am a victim
- I must be perfect
- Others will hurt you
- Others are better than me

(write their beliefs)

2. The real problem is depending on self-sufficiency or flesh which results in coping-mechanisms or flesh patterns. The problem is not circumstances, past rejections, damaged emotions ...

(write their own coping mechanisms)

3. Depending on flesh may affect the body.

- Tension headaches
- Ulcers
- Anxiety attacks

When a person depends upon his own strength to cope with present pressures and past rejections, the result is ultimately conflict and frustration, internally and externally.

Feelings are a gauge for what I believe not what is true. Feelings are followers.

If I act out what I believe and feel and it is not based on truth, we make something that is not true real in our experience.

Explain:

Event -----	Feeling – ----	Belief – -----	Coping
Dad is busy---	unloved – ----	I am unworthy – ----	try harder

Emotional damage:

Living at a high emotional level, so when something happens, we go over the top easily.

God can bring our emotions down to a 3 instead of 8 on a scale of 1-10

Example of Fear of Flying:

When riding in airplane, my trust is not in the pilot, the weather, or the airplane, it is in God.

When I begin to rest in that, my emotions calm down.

Transition: What about the person who hasn't experienced much rejection?

Good Looking Flesh

Romans 8:6

For the mind set on the flesh is death, but the
mind set on the Spirit is life and peace

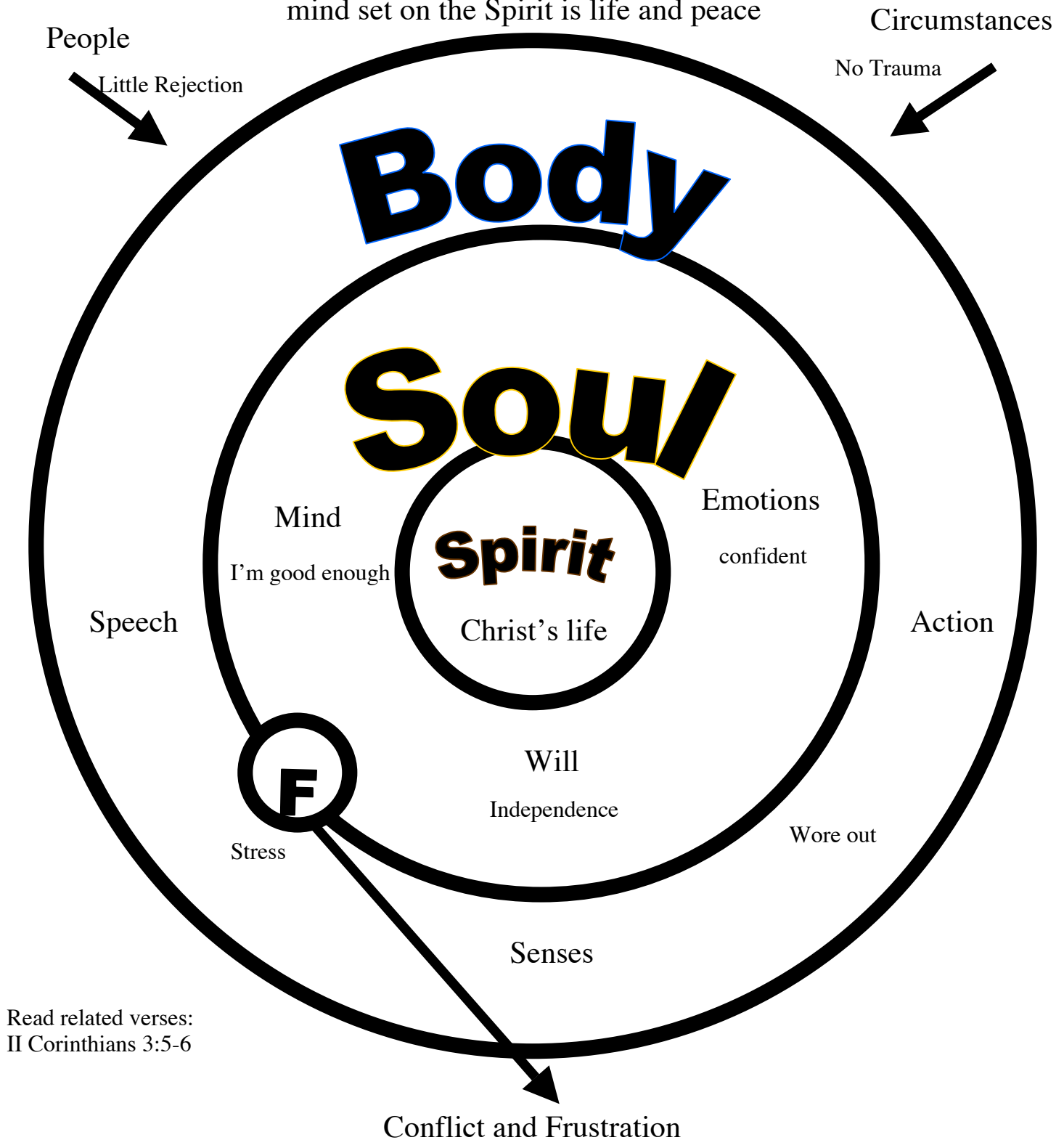


Diagram #5

1. The effect on the emotions and the mind:

- The emotions have been positively programmed having experienced little rejection.
- The mind has a distorted view of God, self, and other.
For example:
 - God approves of me because of my performance
 - I am competent
 - I can please God
 - I need to be strong
 - God helps those who help themselves
 - Those who can't measure up are weak and undisciplined
(write their beliefs)

2. The self confidence is our own fleshly strength. The problem is depending on the flesh.

- This person may have a belief they can handle their own problems. This person, who is capable, appears able to serve God in his own strength.
- This person may see no need to depend upon Christ.
- This is the kind of person the negatively programmed individual admires and desires to be like.

3. The results of dependence upon the flesh:

- The individual may become proud, judgmental, controlling, self-righteous.
(write own coping mechanisms)
- This person may experience internal conflict and conflict in relationships and a lack of intimacy.

God uses circumstances to reveal **the person's inability to cope in his own strength**.
God loves us enough to let us wear ourselves out!

Does God want to strengthen or weaken this individual's flesh in Diagram #4 or #5.

II Corinthians 1:8,9

"For we do not want you to be unaware, brethren, of our affliction which came to us in Asia, that we were burdened excessively, beyond our strength, so that we despaired even of life; - indeed, we had the sentence of death within ourselves in order that we should not trust in ourselves, but in God who raises the dead;"

II Corinthians 3:5,6

"Not that we are adequate in ourselves to consider anything as coming from ourselves, but our adequacy is from God, who also made us adequate as servants of a new covenant, not of the letter, but of the Spirit, for the letter kills but the Spirit gives life."

II Corinthians 12:7-10 – thorn in flesh

Galatians 5:17 – flesh against spirit

Transition: God doesn't want to change us (to strengthen or improve our flesh), but to exchange us.

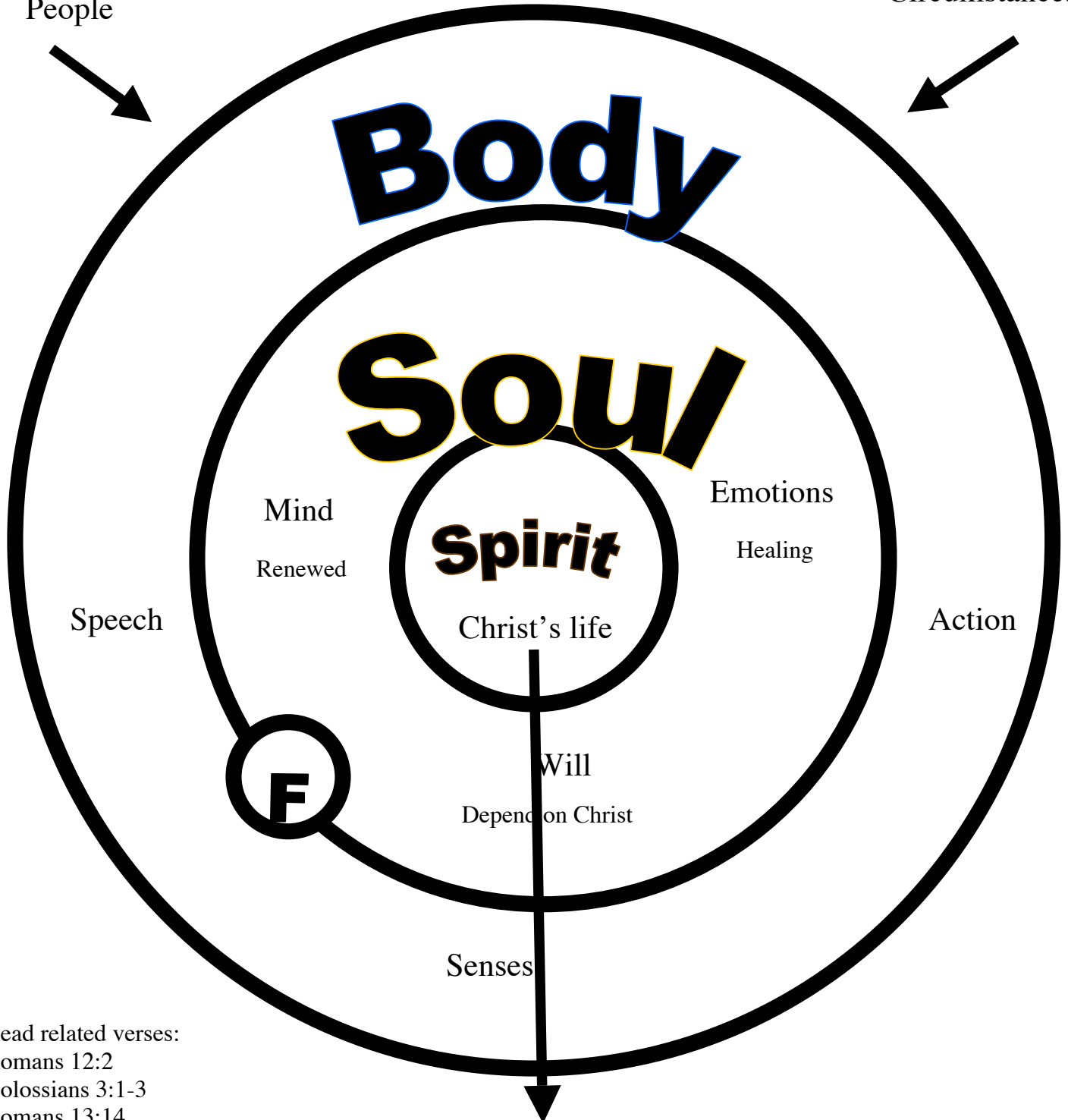
The Exchanged Life

Romans 8:28

God causes all things to work together for good to those who love God, to those who are called according to His purpose.

People

Circumstances



Read related verses:

Romans 12:2

Colossians 3:1-3

Romans 13:14

Psalms 23:3

Romans 15:18

Ephesians 3:20

Love, Joy, Peace Strength in Christ

Diagram #6

1. Dependence upon flesh vs. upon Christ: Ro 15:18, Eph 3:20

Self strength	vs.	Christ as my strength
Reasoning ability	vs.	Mind of Christ
Meeting my needs for love, acceptance, worth, and competency	vs.	Resting in Christ for my love, acceptance, worth and competency

2. The affect on the emotions and mind:

a. **Gradual healing** of the emotions often coming from forgiveness, relinquishing of rights and walking in truth. Truth and feelings don't always match, we must walk in truth anyway.

b. The mind is being **renewed** to a true understanding of God, self and others.

3. The results of Christ living His life through us:

- Stress - related health problems improve.
- Freedom from sin's control is experienced
- All rights are relinquished.
- One begins to experience a life of rest, strength, peace love, joy, etc.
- Fruit of the Spirit is reflected through our unique personality.

God's goal is not to strengthen or improve the flesh, but to exchange it for His Life. Christ living His Life through us is victorious living.

Transition:

If I were to ask you what the term eternal means, what would you say?
(Usual answer is living with God forever, which started at salvation.)

What do we mean when we say Christ is eternal? (Christ has no beginning and no end.
He's always existed.)

Then what is an eternal life? (It is a life with no beginning and no end.)

Since there is only one being who is eternal, whose life is it? (Christ's Life is eternal Life.)

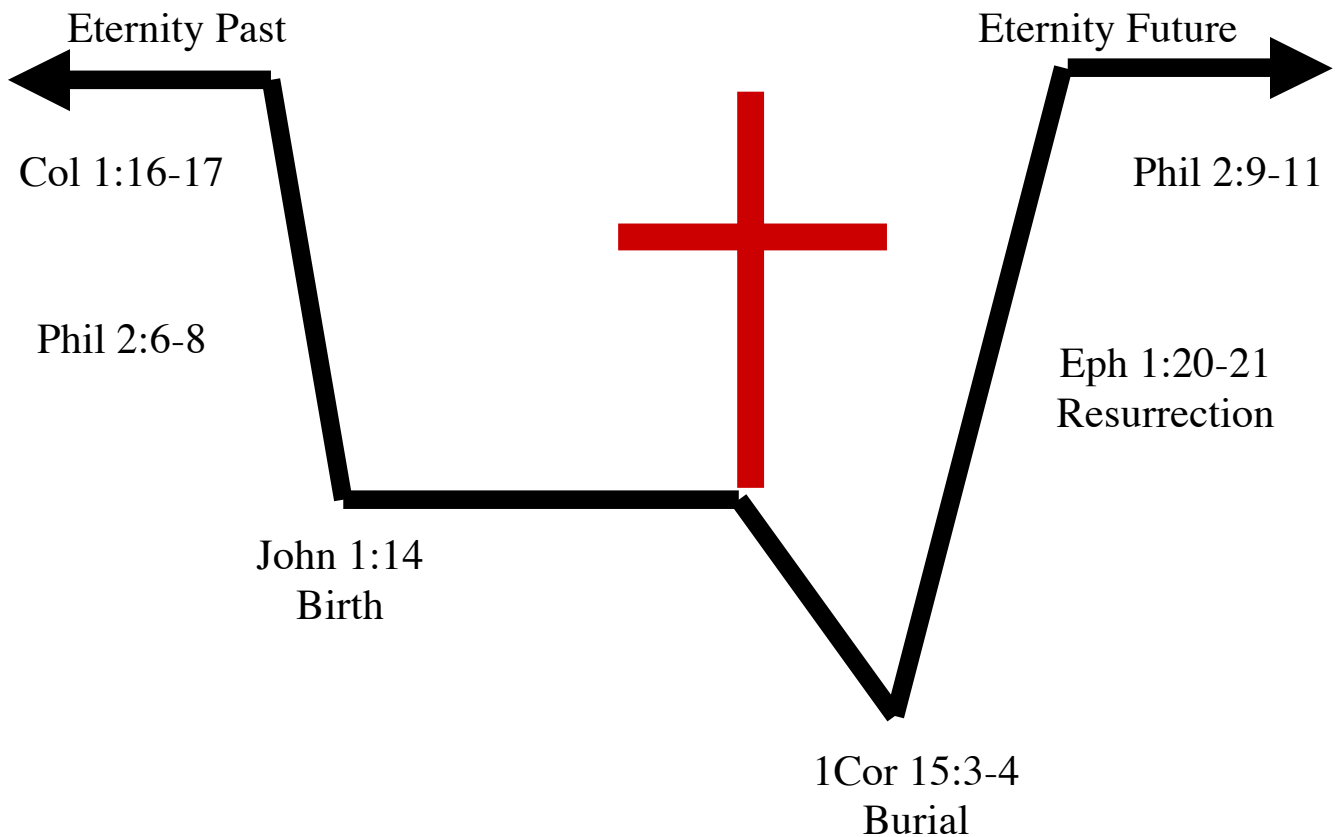
Eternal life is not something that begins when we become a Christian. It is something we enter, and partake of at the moment of salvation. It is receiving a new life altogether - - Christ's Life. (I John 1:1,2; 5:11, 12, 20)

The following diagrams show us how your life can be exchanged.

Eternal Life

1John 5:20

And we know that the Son of God has come, and has given us understanding, in order that we might know Him who is true, and we are in Him who is true, in His Son Jesus Christ. This is the true God and eternal life.



Read related verses:
1 John 1:1,2; 5:11, 12, 20

Diagram #7

1. The historical events of Christ's life:

- Christ was in the beginning and created all things.

Colossians 1:16-17

"For by Him all things were created, both in the heavens and on earth, visible and invisible, whether thrones or dominions or rulers or authorities - - all things have been created by Him and for Him. And He is before all things, and in Him all things hold together."

John 1:1,2

"In the beginning was the Word, and the Word was with God, and the Word was God. He was in the beginning with God."

Philippians 2:6-11

"who, although He existed in the form of God, did not regard equality with God a thing to be grasped, but emptied Himself, taking the form of a bond-servant, and being made in the likeness of men. And being found in appearance as a man, He humbled Himself by becoming obedient to the point of death, even death on a cross. Therefore also God highly exalted Him, and bestowed on Him the name which is above every name, that at the name of Jesus every knee should bow, of those who are in heaven, and on earth, and under the earth, and that every tongue should confess that Jesus Christ is Lord, to the glory of God, the Father."

- Born into this world
- died on the cross
- Buried
- rose again, now at the right hand of the Father

Meaning of the cross:

- From your understanding, what happened on the cross in relationship to you? (let share but explain on last diagram)
- Be sure they understand Christ died for them. "Do you understand that since Christ paid for your sins that God will never punish you for your sins?"

Transition: You were not born in Christ but in Adam.

In Adam

Romans 5:12

Therefore, just as through one man sin entered into the world, and death through sin, and so death spread to all men, because all sinned



The Fall



Hell

Read related verses:
1Corinthians 15:22a
Romans 5:12-19
Romans 3:23
Ephesians 2:1

Diagram #8

The person was born in Adam:

What does the word **in** means.”

Let this figure represent your birth and these lines represent your parents, grandparents and ancestors all the way back to Adam.

Can you see that if your parents had died before you were born that you would have turned up missing; therefore, what happened to them would have happened to you.

Then can you see that your life in Adam proceeded from your parents, grandparents, and at one point, your life was in Adam?

The results of being in Adam are:

When he sinned, we sinned. (Romans 3:23, Romans 5:12)

When he died, we died - - Speaking of spiritual death, or separation from God.
(Romans 5:12, 15, 17; Ephesians 2:1)

When he was condemned, we were condemned. (Romans 5:16b-18)

What Adam became when he died, we became because we were in Adam.
(Romans 5:19a; I Corinthians 15:22a)

Just as a person receives physical characteristics through his natural parents, so the person in Adam receives spiritual characteristics through his union with Adam. Adam produced self-sufficient people. People enslaved to sin and under the law.

Transition: However, the good news is that when you became a Christ Follower, God took you out of Adam and put you in Christ.

In Christ

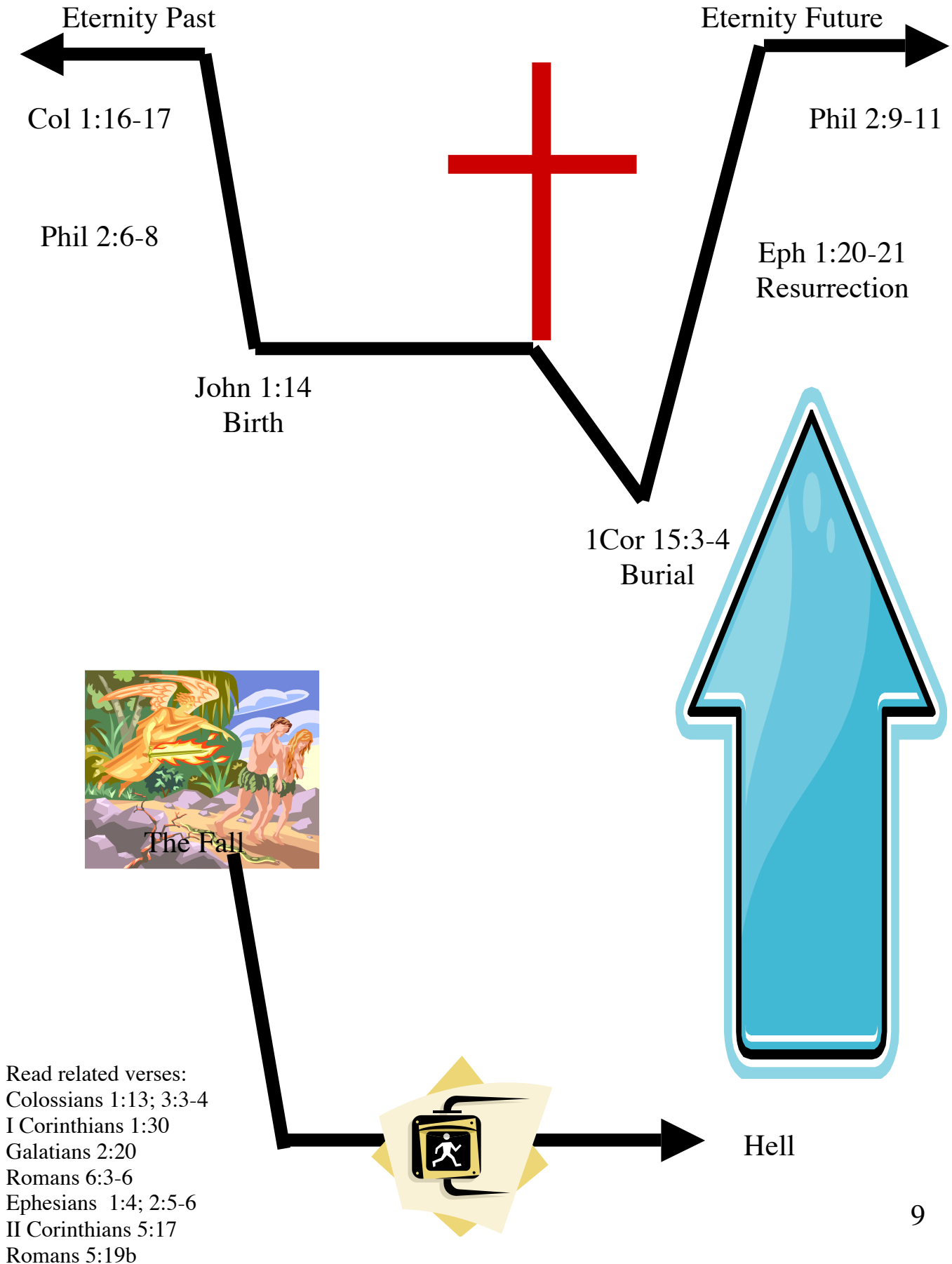


Diagram #9

1. When a person becomes a Christ follower, a person is taken from being spiritually in Adam and placed in Christ. (Colossians 1:13; I Corinthians 1:30; 15:22)

- It is by God's doing that you are placed in Christ. He is not only in us, we are in him!

- This takes place at salvation.
(write date of salvation)

2. The concept of being in Christ on the cross, in the grace, in His resurrection, and in the heavenlies: (Romans 6:3-6)

- If your life is in Christ now, then where were you when Christ was on the cross? What happened to you there? (crucified, Galatians 2:20)
- After Christ was crucified, what happened to Him? What happened to you? (buried, Romans 6:4, Col 3:3-4)
- After Christ rose from the dead what happened to Him? What happened to you? (risen – past tense, Ephesians 2:6) Then where are you today? (at the right hand of God)
- This means that our old self (old man), which was our unregenerate human spirit, was crucified with Christ, and we were raised as new creations. (II Corinthians 5:17)

3. The difference between Christ dying for me and me dying with Him:

Why do you suppose God arranged for your death? (Show diagram #4 or #5 - - whichever is appropriate)

a. To rescue us from life in Adam.

b. It was so you could lose your life and exchange it for His. Can you see that God not only dealt with your sins, but the source of your sins? YOU or your self-life - - your flesh?

4. What Christ is, we have become because we are “in” Him. (Romans 5:19b)

- righteous - acceptable - complete - evidencing the fruits of the Spirit

5. Summary:

- a. At salvation, God took us Spiritually out of Adam and placed us into Christ.
- b. We participated Literally in Christ's death, burial, resurrection, ascension & seating at the right hand of the Father.
- c. Our Old Self (Old Man) was our Unregenerate / Dead / Empty Spirit.
- d. We have a Choice. We can live in our strength, or we can give up on our fleshly efforts and allow Christ to live Through us.

We can't just know this intellectually, it is revealed by the Holy Spirit, accepted by faith, and made real by our experience.