

# Identity In Christ (Law and Grace)

Give and work through expectations worksheet (optional if not married)

Teach:

What if change expectations to standard or rules or laws.

Nothing wrong with expectations, unless abused, like when someone not meet our expectations, we reject them.

Look at worksheet Law and Grace (read)

**The Law** - The system of performance (or behavior) that God set up to bless those who fulfill its requirements and to curse those who do not. (Deut. 28:1)

- Its foundation is the **10 Commandments**. (The codified law was given at Mt. Sinai, but the system itself began when man ate from the tree of the knowledge of good and evil.)

-It also includes the statutes and ordinances that follow it.

-The law system is also the system every person operates from based on his/her own set of standards, not necessarily the Law of God.

-It is an **achieving** system.

**Grace** - the system of faith (trust, dependence) which God has set up to bless those who are in Christ only because they are "in Christ".

-Being blessed by God no longer depends on a Christian's performance or behavior.

-A Christian cannot be cursed, judged, nor condemned by God because of performance or behavior.

-The grace system is clearly explained in Ephesians (beginning with 1:3).

-It is a **receiving** system.

**Who is under the law system?**

1. Every person born into this world.
2. All **non-Christians**. Romans 3:19
3. All who are **in Adam**.

## When did every person enter into the law system?

Because we were all in Adam, we all entered into the law system the moment Adam ate from the tree of the knowledge of good and evil. At that moment, we internalized the law system of being blessed for performing (or behaving) right and of being cursed for performing (or behaving) evil.

## The law system can not

Give **life**. Gal. 3:21

Change your **identity**. Gal. 3:21, 6:15

Make you **righteous**, i.e. acceptable to God. Rom. 3:20

## What then is the purpose of the Law?

1. To show non-Christians that their identity is that of a sinner. Rom. 3:20a
2. To show non-Christians that they need something greater than the law to have a relationship with God. In other words, they need Christ. Gal. 3:24-26

## Is the Law bad?

**No. The Law is actually holy, righteous and good.** Romans 7:12

The sinner does not want to obey the Law nor can they because of their identity.

## What does attempting to perform the Law produce?

**Pride** and **self-righteousness** for those who can perform it. (Phil. 3:6 )

**Guilt** and **condemnation** for those who cannot perform it. (II Cor. 3:6-9, James 2:10)

**Exhaustion** and **Depression** for those who cannot perform it

Romans 7:5 (read)

Law aroused sin.

We think rules are to control sin, but they arouse sin.

## What is it like to be married to Mr. Law? Rom. 7:1-7

1. He always tells you what to do.
2. He always shows you where you have failed.
3. He never lifts a finger to help you.
4. You can never do enough to please him.
5. He is always perfect, always right.

The Law was never meant to keep us from sinning.

Matthew 5:48 (read)

What is God's expectation? (perfect)

How does God accept us? On the basis of the law or are we under the law? On the basis of being not doing. On the basis of Grace. We are free to sin, but are no longer a slave to sin and do not want to sin.

Romans 7:6 (read)

We died to the Law, so we are not under law and should not put others under it.

All the world is run by laws, but you can't create morality. A person has to be transformed by the grace of God.

**What is the one commandment that encapsulates the entire new covenant?**

Love God and love people. (Mark 12:30-31)

**What is the law of Christ?**

Love Gal. 6:2, John 15:12

**Why is understanding grace along with identity so important? Romans 5:17**

1. It produces "victorious" Christian living.
2. It avoids license or legalism

It has been said that all behavior is to either gain acceptance or avoid rejection. Acceptance is the opposite of rejection. We are now accepted, because we are now in Christ and He in us.

God created us with this need to be loved and he fills it. When we are filled with God's love, we can let others off the hook for filling that void. God only satisfies.

Fleshly acceptance is self-centered.

-By Appearance, possessions, abilities, personality, and achievements.

-By religious behaviors...quiet time, witnessing, not sinning, church, etc...

This is performance-based acceptance. It is focused on self and can only be done in the flesh.

This leads to **legalism**. Instead we need to accept others as God accepts us.

1. Relationship replaces regulations
2. Mirrors replaces microscopes – look at self and not criticize others
3. Passion replaces performance – we obey out of love relationship which avoids **license**

God's provision for acceptance is through Christ. We are given a new identity.

I am crucified with Christ and am a new creation (Gal 2:20 & 2Cor 5:17)

Ex. Discover oil story

Diagram of Messages: diagram top 8 coping, talk about how that is not you, it's the old you.

We need to focus our attention on beliefs (just like Beverly Hill Billies had to believe they were millionaires), that will change our emotions and behavior.

I am...

Look over My Changed Identity and Who I Am in Christ worksheets.

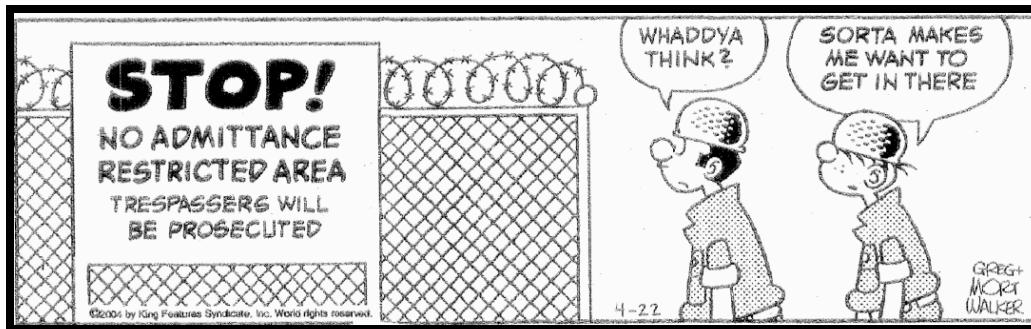
Challenge to memorize at least one verse.

Teach:

We know who we are in Christ, positionally, and now we want that experientially. Let's begin by making a list of the things that you will now choose to be (because you are now free to choose).

Challenge to make a "Who I Choose to Be" list

- Ex.     Someone who gives hugs  
         Someone who confronts gently  
         Someone who is okay when others are not pleased with me  
         Someone who is relentlessly hopeful, finding the drop in the bottom of the glass



**\* watch Snoodle Tale by Veggie Tales**

**Suggest Resources:**  
**Who I Am in Christ Devotional**  
**Search for Significance**  
**The Confident Woman**  
**Grace Walk**  
**Families Where Grace is in Place**

## Life Ministries

### Expectations

My expectations of \_\_\_\_\_

10							
9							
8							
7							
6							
5							
4							
3							
2							
1							

\_\_\_\_\_ expectations of me

10							
9							
8							
7							
6							
5							
4							
3							
2							
1							

## Law vs. Grace

<u>Law</u>	<u>Grace</u>
Do	Done
Man does	God does
Flesh	Spirit
Man's Resources	God's Resources
External regulations, rules, standards	Inner Heart Attitude
Ought to, should, have to, must	Want to
Bondage, duty, obligation	Freedom
Outside – in	Inside – out
Do in order to be	You are therefore you do
Defeat, guilt, condemnation	Victory, Security, Acceptance
Achieve, try harder, work, effort	Receive, trust, abide, rest

## Life Ministries

### My Changed Identity

#### **Old Identity**

I am unworthy/unacceptable

I am a failure/inadequate

I am fearful/anxious person

I am a weak person

I am not very smart

I am in bondage

I am unloved

I am unwanted

I am guilty

I am depressed and hopeless

There is nothing special about me

I am not good enough

I am defeated

I have no strength

I am condemned

I am alone

I have no one to take care of me

I can not reach God

I am afraid of Satan

I have no confidence

#### **New Identity**

I am accepted and worthy  
Ro 15:7, Ps 139:13-18

I am adequate  
2Cor 3:5-6, Ph 4:13

I am free from fear  
Ps 34:4, 2Tim 1:7, 1Pe 5:7, 1Jn 4:18

I am strong in Christ  
Da 11:32, Ph 4:19

I have God's wisdom  
Pr 2:6-7, 1Co 1:30, Ja 1:5

I am free  
2Co 3:17, Jn 8:36

I am very loved  
Ro 8:35-39, Eph 2:4-5, 5:2, 1Jn 4:8-11

I am adopted by God and I am His child  
Ro 8:16-17, Ga 4:5, Eph 1:5, 1Jn 3:2

I am totally forgiven  
Ps 103:12, Eph 1:7, Co 1:14, 20, 2:13

I have all the hope I need  
Ro 15:13, Ps 16:11, 27:13, 31:2

I have been chosen, set apart by God  
Ro 15:13, 1Cor 1:30, 6:11, Heb 10:10

I am perfect in Christ  
Heb 10:14

I am victorious  
Ro 8:37, 2Cor 2:14, 1Jn 5:4

I have God's power, indwelt by the Holy Spirit  
Ro 8:9, 11, Ac 1:8, Eph 3:16

I am blameless  
Ro 8:1, Jn 3:18

I am never alone  
Heb 13:5, Ro 8:38-39

I am protected and safe  
Ps 32:7-11, 27:1-6

I have access to God  
Eph 2:6, 1Pe 2:5, 9

I have authority over Satan  
Co 1:13, Eph 2:6, 1Pe 2:5, 9, 1Jn 4:4

I have all the confidence I need  
Pr 3:26, 14:26, Heb 10:19, Eph 3:12

(Pick at least one that you struggle with and memorize the appropriate scripture.)

## **Bibliography**

George, Bob. *Classic Christianity*. Harvest House: Eugene, Or. 1989.

Gilham, Bill. *Lifetime Guarantee*. Harvest House:Eugene, Or. 1993

Manning, Brennan. *The Ragamuffin Gospel* Multnomah Books: Sisters, Or. 1990

McVey, Steve. *Grace Walk*. Harvest House:Eugene, OR. 1995



## WHO I AM IN CHRIST

1. I am able - Phil. 4:13
2. I am abounding in grace - 2 Cor. 9:8
3. I am abounding in hope - Rom. 15:4, 13
4. I am Abraham's offspring - Gal. 3:29
5. I am abundant - John 10:10
6. I am accepted - Eph. 1:6
7. I have access - Eph. 2:18
8. I am adequate - 2 Cor. 3:5
9. I am adopted - Eph. 1:5
10. I am alive - Eph. 2:4-5
11. I am an ambassador for Christ - 2 Cor. 5:20
12. I am anointed - 1 John 2:20
13. I am anxious for nothing - Phil 4:6
14. I am the apple of His eye - Zechariah 2:8
15. I am appointed by God - John 15:16
16. I am the aroma of Christ - 2 Cor. 2:15
17. I am not ashamed - 2 Tim. 1:12
18. I am assured of a reward - 1 Cor. 15:58
19. I am assured of success - Proverbs 16:3
20. I have authority over the devil - Luke 9:1
21. I am baptized into Christ - 1 Cor. 12:15
22. I am beautiful - Psalm 149:4
23. I am becoming a mature person - Eph. 4:13
24. I am becoming conformed to Christ - Rom. 8:29
25. I am a believer - Rom. 10:9
26. I belong to God - John 17:9
27. I am betrothed - Hosea 2:19-20
28. I am blameless - 1 Cor. 1:8
29. I am blessed - Eph. 1:3
30. I am blood bought - 1 Cor. 6:19-20
31. I am bold - Proverbs 28:1
32. I am a bond-servant - Psalm 116:6
33. I am born of God - 1 John 5:18
34. I am born again - 1 Peter 1:23
35. I am bought with a price - 1 Cor. 6:20
36. I am a branch of the true Vine - John 15:5
37. I am His bride - Isaiah 54:5
38. I am His brother - Hebrews 2:11
39. I am brought near - Eph. 2:1
40. I am built up - 1 Peter 2:5
41. I am buried with Christ - Rom. 6:4
42. I am called - 1 Peter 5:10
43. I am calm - Phil. 4:6
44. I am cared for - 1 Peter 5:7
45. I am carried - Exodus 19:4
46. I am changed - 1 Sam. 10:6
47. I am a child of God - John 1:11
48. I am cherished - Eph. 5:29
49. I am chosen - 1 Peter 2:9
50. I am circumcised spiritually - Col. 2:11
51. I am a citizen of heaven - Phil. 3:20

52. I am clay in the Potter's hand - Jer. 11:6
53. I am clean - Ez. 36:15; John 15:3
54. I am cleansed - 1 John 1:7, 9
55. I am clothed with Christ - Gal. 3:27
56. I am a co-heir with Christ - Rom. 8:17
57. I am comforted - Jer. 31:13
58. I am complete in Christ - Col. 2:10
59. I am confident - 1 John 4:17
60. I am confident of answers to prayer - 1 John 5:14-15
61. I am confident He will finish me - Phil. 1:6
62. I am confident He will never leave me - Heb. 13:5-6
63. I am a conqueror - Rom. 8:37
64. I am content - Phil. 4:11
65. I am content with weakness - 2 Cor. 12: 10
66. I am continually with God - Ps. 73:23
67. I am controlled by the love of Christ - 2 Cor. 5:14
68. I am courageous - 1 Chron. 28:20
69. I am created in Christ for good works - Eph. 2:10
70. I am created in His image - Gen. 1:27
71. I am crucified with Him - Gal. 2:20
72. I am dead in Christ - Rom. 6:4
73. I am dead to sin - Rom. 6:11
74. I am a delight - Psalm 147:11
75. I am delighted in - Isaiah 42:1
76. I am delivered - Psalm 107:6
77. I am desired - Psalm 45:11
78. I am determined - Phil. 4:13
79. I am a disciple - John 1:31-32
80. I am disciplined - Heb. 12:5-11
81. I am drawing near with confidence - Heb. 4:16
82. I am empowered to obey - Phil. 2:13
83. I am encouraged - 2 Thess. 1:16-17
84. I am enlightened - Eph. 1:18
85. I am enriched in everything - 1 Cor. 1:5
86. I am equipped - 2 Tim. 3:16-17
87. I am established - Deut. 28:9
88. I have eternal life - John 3:36
89. I have every good thing – Phil. 6
90. I am exalted in His right hand - Acts 2:34-35
91. I am faithful - Rev. 17:14
92. I am family - Palm 68:5
93. I am far from oppression - Isaiah 54:14
94. I am favored - Job 10:11
95. I am a fellow citizen with the saints - Eph. 2:19
96. I am a fellow worker - Col. 4:11
97. I am filled - Acts 2:4
98. I am filled to the fullness of God - Col. 2:9-18
99. I am filled with the fruit of righteousness - Phil. 1:11

- 100. I am filled with the fruit of the Spirit - Gal 5:22-23
- 101. I am filled with the knowledge of His will - Col. 1:9
- 102. I am filled with joy - John 11:13
- 103. I am a finished product in progress – Phil. 1:6
- 104. I am a first fruit - Romans 1:13
- 105. I am forgiven - Eph. 1:7
- 106. I am formed in the womb by God - Jer. 1:5
- 107. I was lost, but now I'm found - Luke 19:10
- 108. I am a fragrance - 1 Cor. 1:15-16
- 109. I am free - John 8:36
- 110. I am freely given all things - Rom. 8:32
- 111. I am gifted - Rom. 12:6
- 111. I am given His magnificent promises - 1 Peter 1:3-4
- 113. I am given His Holy Spirit - 1 Cor. 1:11
- 114. I am glorified with Him - 2 Thess. 2:14
- 115. I am God's child - John 1:12
- 116. I am God's gift to Christ - John 17:24
- 117. I know He is for me - Rom. 8:31
- 118. I am gracious - Prov. 22:11
- 119. I am granted grace in Christ Jesus - Rom. 5:17-20
- 120. I am guarded by God - 2 Tim. 1:12
- 121. I am guarded by God's peace - Phil. 4:7
- 122. I am guaranteed - Eph. 1: 13-14
- 123. I am guided - Psalm 48:14
- 124. I am guiltless - Rom 8:1
- 125. I am the head - Dent. 28:13
- 126. I am healed - 1 Pet. 2:24
- 127. I am healthy - Deut. 7:15

128. I am an heir of God - Titus 3:7
129. I am helped by Him - Isaiah 44:2
130. I am hidden with Christ in God - Col. 3:3
131. I am His - Isaiah 43:1
132. I am His handiwork - Eph. 2:10
133. I am holy - Eph. 1:4
134. I am honored - 1 Tim. 2:11
135. I am humble - Phil. 2:24
136. I am the image of God - Gen. 1:27
137. I am the image and glory of God - 1 Cor. 11:7
138. I am an imitator of God - Eph. 5:1
139. I am in Christ Jesus - 1 Cor. 1:30
140. I am included - Eph. 1:13
141. I am indestructible - John 6:51
142. I am indwelt by Christ Jesus - John 14:20
143. I am indwelt by His Spirit - Rom. 8:11
144. I am inscribed on His palms - Isaiah 49:16
145. I am covered with the shadow of His hand - Isaiah 51:16
146. I am an instrument of righteousness - Rom. 6:13
147. I am joyful - Phil. 4:4
148. I am justified - Acts 13:39
149. I am kept - Isaiah 36:17
150. I am in a Kingdom of priests - Rev. 1:6
151. I am a King's kid- Psalm 44:4
152. I know all things work together for good -  
Rom. 8:28
153. I know Whom I believe - 2 Tim. 1:12
154. I am known - 2 Tim. 2:19

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|--------------------------------------------------------------|----------------------------------------------------------|
| 155. I lack no wisdom - James 1:5                            | 181. I am never forsaken - Heb. 13:5                     |
| 156. I am lavished with the riches of His grace - Eph. 1:7-8 | 182. I am new - Eph. 4:24                                |
| 157. I am led in Christ's triumph - 2 Cor. 2:14              | 183. I am new born - 1 Pet. 1:1                          |
| 158. I am liberated - Rom. 6:23                              | 184. I am a new creation - 2 Cor. 5:17                   |
| 159. I have life abundant - I John 4:9; John 10:10           | 185. I have a new life - Rom. 6:4                        |
| 160. I have life and peace in the Spirit - Rom. 8:6          | 186. I am part of a new race - 1 Pet. 1:9                |
| 161. I have light - John 8:12                                | 187. I am not condemned - Rom. 8:1                       |
| 161. I am a light in a dark place - Acts 13:47               | 188. I am no longer a slave to sin - Rom. 5:6            |
| 163. I have life flowing through me - John 7:38              | 189. I have not been given a spirit of fear - 1 Tim. 1:7 |
| 164. I am like a watered garden - Isaiah 58:11               | 190. I am obedient - Isaiah 1:19                         |
| 165. I am a living stone in a spiritual house - 1 Peter 2:5  | 191. I am an object of mercy - Rom. 9:23                 |
| 166. I am the Lord's - Isaiah 44:5                           | 192. I have obtained an inheritance - Eph. 1:11          |
| 167. I am loved - John 3:16                                  | 193. I am of God's household - Eph. 2:19                 |
| 168. I am loved constantly, unconditionally - Isaiah 43:4    | 194. I am on the winning side - Col. 1: 15               |
| 169. I am loyal - Psalm 86:2                                 | 195. I am one with Him - John 17:23-24                   |
| 170. I am made by Him - Psalm 100:3                          | 196. I am an over comer - 1 John 5:4-5                   |
| 171. I am a magnifier of God - Psalm 69:30                   | 197. I am pardoned - Jeremiah 33:8                       |
| 172. I am marked - Eph. 1:13                                 | 198. I am a partaker of Christ - Heb. 3:14               |
| 173. I am a member of His body - Eph. 5:30                   | 199. I am a partaker of the Holy Spirit - Heb. 6:4       |
| 174. I am mighty in God - Luke 10:19                         |                                                          |
| 175. I am the mind of Christ - 1 Cor. 1:16                   |                                                          |
| 176. I am a minister - 2 Cor. 3:6                            |                                                          |
| 177. I am a minister of reconciliation - 1 Cor. 5:13-19      |                                                          |
| 178. I am a mountain mover - Mark 11:22-23                   |                                                          |
| 179. I am named - Isaiah 43:1                                |                                                          |
| 180. I am near to God - Eph. 1: 13                           |                                                          |

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|----------------------------------------------------------|----------------------------------------------------------|
| 200. I am a partaker of grace - Phil. 1:7                | 125. I have received an unshakable kingdom - Heb. 12:28  |
| 201. I am a partaker of the promise of Christ - Eph. 3:6 | 226. I am reconciled to God - Rom. 5: 10                 |
| 202. I have passed from death to life - John 5:24        | 227. I am redeemed - Gal. 3:13                           |
| 203. I am patient - James 5:8                            | 228. I am refined - Isaiah 48:10                         |
| 204. I have peace – Phil. 4:7                            | 229. I am reigning with Him - Rom. 5: 17                 |
| 205. I am one of the people of God - 1 Peter 1:9         | 230. I am rejoicing - Rom. 5:1-3                         |
| 206. I am being perfected - 1 Peter 5:10                 | 231. I am renewed - 1 Cor. 4:16                          |
| 207. I am pleasing to God - Psalm 149:4                  | 231. I am His representative - Matthew 5:16              |
| 208. I am God's own possession - Titus 1:14              | 233. I am rescued – Col. 1:13                            |
| 209. I am a possessor of all things - 1 Cor. 3:21-23     | 234. I have rest provided - Matt. 11:28-30               |
| 210. I have the power of God behind me - Phil. 3:21      | 235. I am rewarded by God - Isaiah 49:4                  |
| 211. I have power - Acts 1:8                             | 236. I am rich - 2 Cor. 8:9                              |
| 212. I have power over the devil - Luke 9:1              | 237. I am righteous - Eph. 4:22                          |
| 213. I am predestined - Eph. 1:11                        | 238. I am rooted and built up with Him – Col. 1:7        |
| 214. I am prepared beforehand for glory - Rom. 9:23      | 239. I am royalty - Rom. 5:17; 8:1~17                    |
| 215. I am prosperous - Psalm 1:3                         | 240. I am a royal priesthood - 1 Peter 2:9               |
| 216. I am protected - Psalm 91:14                        | 241. I am safe - Psalm 4:8                               |
| 217. I am provided for - Matthew 6:33                    | 242. I am a saint of God - Psalm 34:9                    |
| 218. I am purchased - Rev. 5:9                           | 243. I am the salt of the earth - Matt. 5: 13            |
| 219. I am purposeful - Psalm 138:8                       | 244. I am sanctified - 1 Cor. 6:11                       |
| 220. I am qualified - Col. 1:12                          | 245. I am satisfied - Jeremiah 31:14                     |
| 221. I am raised up with Christ - Eph. 2:6               | 246. I am saved - Eph. 2:8                               |
| 222. I am ransomed with Him - Isaiah 35:10               | 247. I am sealed by God with His Holy Spirit - Eph. 1:13 |
| 223. I am rare - Proverbs 20:15                          | 248. I am seated with Him - Eph. 2:6                     |
| 224. I have received mercy - 1 Peter 1:10                | 249. I am secure - Deuteronomy 33:12                     |

277. I am upheld - Psalm 37:17
250. I am sent - John 20:21      278. I am upright - Psalm 7:10
251. I am set free - John 8:31-32, 36      279. I am unblemished - Col. 1:22
252. I am sharing Christ's Inheritance - Rom. 8:17      280. I have understanding - 2 Tim. 2:7
253. I am sharing His glory - John 17:22, 24      281. I am useful for His glory - Isaiah 43:7
254. I am His sheep - Psalm 23:1      282. I am valuable - Luke 12:24
255. I am sheltered - Psalm 91:1      283. I live in victory - 1 Cor. 15:57
256. I am shielded - Psalm 91:4      284. I am walking in His light - 1 John 1:7
257. I am a slave to righteousness - Rom. 6:18      285. I am a warrior - 2 Cor. 10:4
258. I am His soldier - 1 Tim. 2:34      286. I am washed - Titus 3:5
259. I am a son of God - Rom. 8:14      287. I am watching for His return - Luke 12:37
260. I am stable - Isaiah 33:6      288. I am weak, then I am strong - 2 Cor. 12:10
261. I am standing in His grace - Rom. 5:1      289. I am in a wealthy place - Psalm 66: 12
262. I am standing firm in Christ - 2 Cor. 1:21      290. I am welcome - Luke 11:9
263. I have my steps established by the Lord - Psal      291. I am being made whole - Mark 5:34
264. I am strengthened in Him - Eph. 3:16      292. I put on the whole armor of God - Eph.
265. I am strong in the Lord - 1 Cor. 1:25      293. I am wise - Proverbs 2:6
266. I am amply supplied - Phil. 4:18      294. I am His witness - Acts 1:8
267. I am sustained from birth - Psalm 71:5      295. I am His workmanship - Eph. 2:10
268. I am a temple - 1 Cor. 3:16      296. I am not of this world - John 17:14
269. I am thought about - Psalm 139:17      297. I am His worshipper - Psalm 95:6
270. I am transferred into His kingdom - Col. 1:12      298. I am worthy - Revelation 3:4
271. I am transformed - 2 Cor. 3:18      299. I am yielded to God - Rom. 6:13
272. I am treasured - Psalm 83:3      300. I am yoked with Jesus - Matthew 11:19
273. I am triumphant - 2 Cor. 2:14
274. I am unafraid - Isaiah 44:2; 51:12
275. I am understood - Eph. 1:8