

# Brokenness & Surrender

Have person draw life journey

Have person draw Jesus' journey

Compare them

Teach:

## **Christ's Process of Surrender Phil. 2:5-8 (read)**

1. Obedience unto death
2. He gave up His equality with God voluntarily.
3. He gave up His right to exercise His divine power
4. He emptied Himself becoming a slave in a human body, and humbled Himself in obedience to the point of death on the cross.

Note: The word “emptied” literally means that He laid aside His privileges. He gave up the exercise of His divine attributes, using His deity only under the power of the Holy Spirit at the command of His father. (cf. John 14:10,24; 5:19,30) All his privileges were ultimately laid aside as he battled the pain of death in the garden of Gethsemane. He faced the cross with all rights surrendered and with a willingness to suffer humiliation. (cf. Heb 5:7-8)

- a. Philippians 2:5 exhorts us to have the same attitude that Christ had.
- b. The same emptying and the same surrendering of all rights and privileges
- c. The same willingness to suffer humiliation must precede the experiential cross of Luke 9:23-24

Philippians 3:7-10 (read)

Paul counted all things loss for the sake of Christ.

There is a purpose in our suffering – to know Christ more.

Is it worth it to suffer loss to know Christ?

1Peter 4:12-13; 5:10 (read)

2Corinthians 1:3-10 (read)

## Types of Suffering

Spiritual	Mental	Emotional	Physical	Material
<i>Demons</i>	<i>Worry</i>	<i>Depression</i>	<i>Illness</i>	<i>Finances</i>
<i>Separation</i>	<i>Anxiety</i>	<i>Despair</i>	<i>Injury</i>	<i>Loss</i>

## Origin of Suffering

God (Is. 45:6,7)

With Adam and Eve in Genesis

Suffering is a consequence of sin. (Rom 5:12)

Suffering is ordained by God

Suffering is our birthright (inherited)

Suffering **is!** (Was, is now, and will be)

## Brokenness

- The process whereby a believer's coping mechanisms are nullified, the bankruptcy of the flesh is fully revealed, and the self-life is exchanged for Christ's life.

*Ex. Joseph*

God uses evil for good

"...you intended to harm me, but God intended it for good..." (NIV)

*Ex. New Testament*

To Manifest His Power

John 9:3 - *Jesus answered, "It was not that this man sinned, or his parents, **but that the works of God might be made manifest in him.**"*

## Purpose of Brokenness:

1. Exposes the flesh and that it doesn't work
2. Get our attention
3. Bring us to end of self (Rom. 7:24)
4. Provide an opportunity to reveal Christ's life (2 Cor. 1:8-9)
5. To conform us to the image of Christ. (Rom 8:29)

6. Depend upon God

7. Sovereignty of God

Evil can not touch me without first going through God and when it finally hits me it is really hitting Christ (since He is my life and He and I are one).

Christians will suffer, but God is there with us.

Psalms 34:18,19 - "The Lord is near to the brokenhearted, and saves those who are crushed in spirit. Many are the afflictions of the righteous; but the Lord delivers him out of them all."

God wants us to be victorious **in and through** the suffering (not to try and escape from it).

### **Why can I choose to welcome sufferings?**

Rom. 5:3-5 - I exalt in my tribulations (NASB) ... I rejoice in my sufferings (NIV). The trial brings about (His/Christ's) perseverance, patience, proven character, hope and eventually God's love.

Because without them, I cannot reach spiritual maturity. Just as light shows up best in darkness, so patience shows up best in trying situations ... love shows up best next to unlovable people ... joy shows up best in difficult times ... peace shows up best in stressful circumstances, etc.

Results of enduring suffering:

- a. Trials enable us to help and comfort others. (II Cor. 1:3-5)
- b. Adversity refines us and brings out the life of Christ. (Isa. 48:10)
- c. Makes scripture come alive to us ... especially the Psalms.
- d. Through the trials we learn how to appropriate Christ as Life.
- e. Strength (God's strength) shows up best in weakness. (II Cor. 12:9, 10)
- f. It enables us to show others that life does not consist of health, materials possessions, job, family, reputation, etc. It consists of Christ.
- g. Life comes out of death. (II Cor. 4:7-12)
- h. It keeps me humble and God gives grace to the humble. (James 4:6, I Peter 5:5)

When Paul was given a thorn in the flesh to keep him humble and dependent on God, Paul called this "*messenger of Satan*" a gift from God. (II Cor. 12:7-10)

## **Response to Brokenness - Total Surrender**

The complete abandonment of all rights to myself and everything I have to God for the purpose of appropriating my revealed death in a living sacrifice.

### **Total Surrender Involves**

- Willing for God's will to be done
- Giving God permission to do whatever He wants with us
- Relinquishment or surrender of all rights
- Not just committing my talents, time or body for God to use, instead a surrendering of total self with all rights, privileges and expectations to be rendered broken, weakened, and helpless in my participation in death.
- It gives God permission to do with me as He pleases in order to bring me to the place of death experientially.

Note: It is important that we surrender to God's love and not to His power. If we surrender to His power we have resignation rather than relinquishment.

- Total surrender may have been repeated many times for the counselee
- God may have other things to illumine.
- There may be a stripping process necessary to bring the person to the end of himself.  
Ex. Peeling an onion

Go over cruise ship illustration

How does a person know they are broken?

Go over "evidence of brokenness" and "total surrender" worksheet

Go over total surrender and prayer for surrender

Ex. Stuck in traffic, get angry. What is the right perceived? I have a right to be home in 30 min.

Notice red flags this week: negative emotions...anger, irritated, disappointed...and identify the right associated with the emotion

**\* watch NOOMA - Rain**

**Suggest Resources:**

**A Tale of Three Kings**

**Snapshots of the Savior Sermons**



## **Past**

Regret  
Revenge  
Anger  
Bitterness  
Slander

# Unforgiveness

## **Future**

Worry  
Doubt  
Fear  
Anxiety  
Depression

# My Rights

## **Present**

Peace  
Joy  
Love  
Freedom

## Total Surrender

Dear Lord, I Surrender to You:

My will, mind and emotions, my body, my future plans, hopes and dreams. I give You my home, my marriage, my mate, my children, my geographical location, my recreation and entertainment, and my career. I surrender to You my past successes and my past failures, my habits, my finances, my problems, my time, my integrity and character, my attitudes, my business conduct and relationships, my Christian walk and my response to authority.

Lord, I further surrender to You the following "rights":

My right to possessions  
My right to a good reputation  
My right to have acceptance  
My right to be successful  
My right to have pleasant circumstances  
My right to presume on the will of God  
My right to life itself  
My right to beauty or strength  
My right to have friendships  
My right to be heard  
My right to take up offense  
My right to avoid reaping what I sow  
My right to be right  
My right to see results  
My right to \_\_\_\_\_  
My right to \_\_\_\_\_  
My right to \_\_\_\_\_  
My right to \_\_\_\_\_  
My right to \_\_\_\_\_  
My right to \_\_\_\_\_  
My right to \_\_\_\_\_

Dear Lord, I give You permission to do anything You wish to me, with me, in me or through me. I claimed the above items once as mine. Now they all belong to You and are under Your control. You can do anything You please with them. I willingly make this commitment in the name and authority of the Lord Jesus Christ, and I recognize that this is an agreement with You that can never be broken. Now that I have surrendered ownership of my life to You, You will never give it back to me.

In Your name, Amen

Date \_\_\_\_\_

Signature \_\_\_\_\_

## **EVIDENCE of BROKENNESS**

*The sacrifices of God are a broken spirit; A broken and contrite heart, O God, Thou wilt not despise.*  
**Psalm 51:17**

1. **All rights surrendered** *Rom. 12:1, I Cor. 6:7, Phil 2:7*
2. **Willing to be rejected** *Isa. 53:3, I Cor. 4:11-13*
3. **Transparent - willing to share weakness** *Rom. 2:5, James 5:16*
4. **Vulnerable - willing to share failures** *Ps. 32:5, James 5:16*
5. **A sense of total inadequacy in self strength** *II Cor. 3:5, John 15:5*
6. **A sense of adequacy in Christ** *II Cor 3:6, Phil 4:13*
7. **Trusting God - even with external turmoil** *Prov. 3:5-6, Isa. 30:15*
8. **Obedience out of a love motive** *II Cor 5:14a, 9:7*
9. **Recognizing the power in weakness** *I Cor. 1:27, II Cor. 12:10; 13:4*
10. **Willing to be weak** *II Cor. 12:10; 13:9 Phil 4:11*
11. **Willing to fail** *Luke 5:5*
12. **A readiness to let others receive credit** *Phil 2:5-8*
13. **Genuine humility** *Phil 2:5-8*
14. **Placing value upon those who have little or no value to yourself**  
*Rom 12:16, I Cor. 8:11-13, I Thes. 5:14*
15. **A readiness to affirm (build up) others** *I Thes. 5:11*
16. **Teachable** *Judges 13:8, Job 6:24; 34:32, Ps. 25:4,5*
17. **Willing to be out of control** *Gal 2:20, I Peter 2:23; 5:6*
18. **Willing to be misunderstood** *Heb. 11:13-16; 36-38*

## *Surrender Prayer*

*Dear Father,*

*Thank You for delivering me from life in Adam and placing me into Christ Jesus. I confess that I have been a total failure in and of myself. I have been struggling to live the Christian life out of my own resources. I admit that I have been trying to get my needs met through people, achievements, and possessions. I now give up on my self-sufficiency and commit my life unconditionally into Your hands. I give up all my rights and expectations and give You permission to make me into the kind of person You want me to be. I believe Your Word that I have been crucified with Christ, buried with Him, and rose into newness of life. I claim resurrection life as my life. I have been raised into heavenly places and I believe that I am now seated at the right hand of the Father. I acknowledge that Christ is my life, my power, and my identity. I thank You that my identification with Christ makes me totally acceptable and that all my needs are met by Jesus. I choose to believe these truths regardless of my circumstances, and I trust You to make this real in my experience in Your timing. I surrender myself totally to Christ in obedience. Do with me whatever you choose. Glorify and manifest Your Son in my life!*

*In His identity,*

---



## **Bibliography**

Edwards, Gene *A Tale of Three Kings*. Tyndale House: Wheaton, Ill. 1980.

Nee, Watchman. "*The Goal of the Cross*" From *The Normal Christian Life* Tyndale House: Wheaton, Ill. 1977

Stanley, Charles. "Brokenness: The Way to Blessing" Audio Tape Series