101 - Flesh and Belief Systems

I. Introduction to Exchanged Life

II.

A. The Cross and Our Exchanged Life Are Essential			
1. Emphasis on as Our Life 2. Focus on Of Our Old Nature 3. Revolves around To Christ			
B. Grace Instead of Law			
 Behavioral Change Follows The Motivates and Energizes Self-life or Flesh is 			
C. The Cross Is Applied Instead Of Implied			
The Exchanged Life Process			
A. The Presenting Problem			
1. What is a presenting problem?			
2. What are the benefits of obtaining a presenting problem?			
3. List some of the possible when the presenting problem is overemphasized.			
a. For the Mentor			
b. For the person mentored			
B. Goal Setting			
1. Helps the issues			
2. Goals should be:			

D.	Share the Life and Cross			
E.	Identity, Concept of God, Brokenness/Surrender, Forgiveness, Setting the Mind, other issues			
III. Th	ne Flesh			
Understa	nding the nature of flesh is a prerequisite to "walking in the Spirit".			
A.	Flesh is a to God's Greatest Purpose			
В.	Self Revelation Precedes Divine Revelation 1. The of self for salvation 2. The of self for spiritual growth			
	2. Theof self for spiritual growth			
C.	C. Social History reveals false beliefs and flesh patterns			
D.	D. Floob:			
D.	Flesh:			
	Two types a. Good Looking (Positively-programmed) flesh - b. Yucky (Negatively-programmed) flesh -			
	Most Christians are sophisticated "Christian copers" but experience few moments of true			
	3. Flesh destroys			
E.	Structuring the Flesh			
	Methods to Identify Flesh a. History b. Diagraming Flesh c. Belief Inventory d. Manifestations of the Flesh e. Search for Significance Fear Tests			

History Taking & Flesh Structure (Separate Lectures)

C.

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B. The Flesh Diagrams

1. Listing feelings, beliefs, and coping

2. Sample:

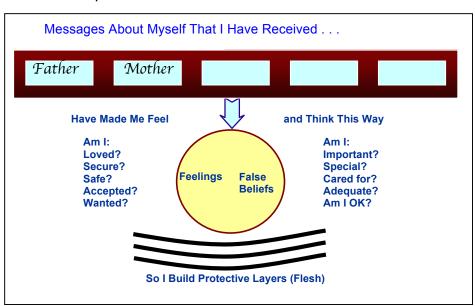
The Flesh Based on Your History

Name _____ Date ____

Feeling	Belief	Coping
Scared	Not safe	Hide in room
hарру	Mom loved me	Please

2. Messages Received

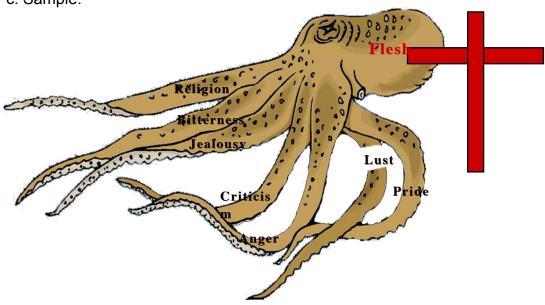
- a. The flesh diagram is a _____ based on the messages received from events in the life of the person.
- b. These _____ helped to shape the person's feelings and beliefs (self-image).
- c. The flesh diagram also shows just how the person has learned to themselves and meet their needs apart from God.
- d. Sample:



3. O	ctopus I	Illustration

- a. Flesh is like an _____. If you try to cut it off, the other flesh (coping mechanisms) get stronger and eventually it will grow back.
- b.Flesh must be dealt with by being _____

c. Sample:



C. How Feelings Become Belief Systems

1.	Children initially determine their	by feelings produced from the
	feedback of others	

a.	raiaatian
4	1000000
u.	rejection

- 1. Children are the best recorders of this feedback but the worst _____ of this information.
- 3. Given time, feelings become ______.
- 4. We all have basic, God-given needs for love, acceptance, and a sense of worth. It is God Himself who wants to fill those needs.

Bibliography

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