

## 403 - Suicide

### I. Introduction

A. \_\_\_\_\_ of Suicide

B. \_\_\_\_\_ of Suicide

#### C. Trends

1. Increase among elderly, young black males, and widowed or divorced **males** and **females that have had abortions...**
2. High Suicidal Risk Groups

### II. Why Suicide?

A. The pervading issues around suicide are all based on a \_\_\_\_\_.

B. Unhappiness with the past or present and the belief that the situation is \_\_\_\_\_.

1. Anger

2. Unresolved \_\_\_\_\_
3. A desire to \_\_\_\_\_
4. A desire to \_\_\_\_\_
5. A desire to \_\_\_\_\_

**C. \_\_\_\_\_ Behavior**

**D. The fundamental issue is the \_\_\_\_\_.**

### III. Indicators of Suicidal Thinking

**A. Paralyzing or prolonged \_\_\_\_\_.**

1. \_\_\_\_\_ suicides are committed by people who are severely depressed.
2. Most depressive episodes are \_\_\_\_\_ in duration and have a good chance of recovery.
3. Among the symptoms of depression that can lead to suicide are the following:

**B. Fear**

**C. Prolonged Guilt & Shame**

#### **IV. Myths about Suicide**

Myths –

Some myths about suicide are:

**A. Those who talk about it \_\_\_\_\_.**

**B. Those who attempt suicide and fail are unlikely to \_\_\_\_\_.**

**C. Non-lethal attempts at suicide are only a means of getting \_\_\_\_\_.**

**D. Suicidal people really want to \_\_\_\_\_.**

**E. Young people have so few problems; they've got no reason to**

\_\_\_\_\_

**F. Talking about suicide will only increase the possibility of**

\_\_\_\_\_

**G. When the depression is lifted, the crisis is \_\_\_\_\_.**

## **V. Intervention Exploration**

**A. \_\_\_\_\_** discussion about suicide is the best way to explore a person's intention.

**B. Indicators of seriousness and the possible need for intervention can be found by:**

**1. Asking about the \_\_\_\_\_ of suicide they would prefer**

**2. Ask if they have the \_\_\_\_\_ on hand to carry out the plan.**

**3. Find out if they have planned a \_\_\_\_\_.**

### **C. Counseling Application**

1. Listen.
2. Encourage them to seek additional \_\_\_\_\_.
3. \_\_\_\_\_ anything that could be potentially lethal.

### **D. If you discover they have a plan or timetable, take it very \_\_\_\_\_.**

1. Don't leave them \_\_\_\_\_
2. Get the person to \_\_\_\_\_.
3. Use their conversation to direct their thought toward \_\_\_\_\_.

### **E. If the person will not seek help, you must \_\_\_\_\_.**

### **F. Get a \_\_\_\_\_**

## **VI. Conclusion**

**A. Remember that many suicidal persons \_\_\_\_\_.**

**B. Be Aware of Your Own \_\_\_\_\_**

**C. Be \_\_\_\_\_**

## Duty to Warn

**Life Ministries Mentors** abide by Georgia law which requires incidences of harmful or “reasonably suspected” harmful actions against another person or to oneself to be reported.

CONFIDENTIALITY AND PRIVILEGED COMMUNICATION REMAIN RIGHTS OF ALL COUNSELEES. HOWEVER, SOME COURTS HAVE HELD THAT IF AN INDIVIDUAL INTENDS TO TAKE HARMFUL ACTION AGAINST ANOTHER HUMAN BEING, OR ONESELF, IT IS THE COUNSELOR’S DUTY TO WARN APPROPRIATE INDIVIDUALS OF SUCH INTENTIONS. COUNSELORS ARE MANDATED TO REPORT ANY INCIDENCES OF “REASONABLY SUSPECTED CHILD ABUSE” (PHYSICAL OR SEXUAL).

Prior to informing anyone who should be warned, the mentor(s) will make concerted effort to share the intention to warn with the mentoree.

### Violent Behavior Checklist

Mentoree Name \_\_\_\_\_

Date \_\_\_\_\_

- |   |                |
|---|----------------|
| 1. Is there a history of harmful or violent behavior?                                 | <b>Yes/No</b>  |
| 2. Is there a history of the abuse of alcohol or drugs?                               | <b>Yes/No</b>  |
| 3. Is there an indication that suicide or violent behavior is being considered?       | <b>Yes/No</b>  |
| 4. Is there a plan for suicide or violent behavior?                                   | <b>Yes/No*</b> |
| 5. Are substances, weapons, or other means available for suicide or violent behavior? | <b>Yes/No*</b> |
| 6. Is there any known or “reasonably suspected” incidences of child abuse?            | <b>Yes/No*</b> |

**\* Note: If Yes, action is required**

**Mentor’s action:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Mentor Name \_\_\_\_\_

Date \_\_\_\_\_