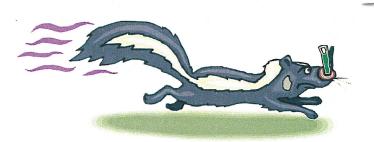
Self Effort is what the Bible calls FLESH.

It's ways we try to get our needs met apart from God.



MY FLESH STINKS!!!



It May Look Like:

Fighting

Talking Back

People Pleasing

Laziness

Pouting

Playing Helpless

Bucking Authority

Pride

People Pleasing

Acting Out

Performing To Get Worth